

# The Palisades

## Archdiocesan Retreat & Faith Formation Center

### Retreats Coming to the Palisades in the Next Year



- Nov 19-21 - [Men & Women's Faith Sharing Retreat](#)  
- Sr. Joyce Cox, BVM
- Dec 2 - [One Day Retreat - What Makes Us Catholic](#) 9:30 am – 4:00 pm  
- Sr. Joyce Cox, BVM
- Dec 3-5 – [Full Advent 2010 Silent Retreat for Men & Women Full](#)  
- Fr. Jim Northrop
- Dec 17-19 - [Advent Silent Preached Retreat for Women](#) - "As We Wait in Joyful Hope" (Part I)
- Dec 19-21 - ["As We Wait in Joyful Hope" \(Part II\)](#) - Sr. Joyce Cox, BVM
- Jan 21-23 - [Faith Sharing Weekend Retreat for Men](#) - Lessons for Men from the Prodigal Son...  
- Deacon Dave Jones and Fr. Jack Jennings
- Jan 28-30 - [Silent Contemplative](#)

Palisades and Far-A-Way offer hot deals for your winter get away.



Discounts on Meeting Space



Free AV for your group



Room Rates as low as \$55 per night!



For New Bookings Only

Must Book by Nov. 30, 2010

Based on Availability - Mention Offer 11210  
(\$55 Room Rate limited to Catholic Groups only)



If your group is interested in having a gathering this December and into the first few months of the New Year at either [Palisades](#) or [Far-A-Way](#) Retreat Centers, it is time now to review dates and book your experience in our serene waterfront surroundings with heavenly results

REQUEST  
A PROPOSAL

VISIT WEBSITE

Palisades Retreat Center, an idyllic setting nestled along the serene shores of Puget Sound, provides an [inspiring environment](#) destined to deliver heavenly results at your next retreat, conference or fellowship.

[Far-A-Way](#) is the perfect setting for small to medium size groups looking to bond and grow together over meals and restful quiet in this estate home on Puget Sound.

Blessings by the sea await at Palisades and Far-A-Way, just minutes from Seatac Airport and close to both Seattle And Tacoma. For more information or to customize your organization's next retreat, contact Rachel O'Reilly at 800-330-7622 or [rachelo@seattlearch.org](mailto:rachelo@seattlearch.org) today. Dates are filling quickly, so inquire soon!

For a [complete list our Retreats](#) being



[Prayer Retreat](#) - Introduction to Contemplative Prayer  
- Mr. Pat Sursley &  
Sr. Joyce Cox, BVM

Feb 4-6 - [Faith Sharing Weekend Retreat for Women](#) -Finding God in All Things - Rev. John Fuchs, S.J. and Pam McCauley, MPA

Feb 11-13 - [Weekend Faith Sharing Retreat for Men & Women](#) -On Retreat with King Lear  
- Rev. Stephen C. Rowan, Ph.D.

Feb 25-27 - [Married Couples Weekend Retreat](#) -The Sacrament of Matrimony - Fr. Tom Vandenberg

Mar 4-6 - [Men's Silent Lenten Retreat Weekend](#) -Entering into the Paschal Mystery  
- Fr. Bryan Dolejsi

Mar 18-20 - [Silent Lenten Retreat for Men of Everett Parishes](#) - Lenten Themes - Fr. Frank Schuster

Mar 25-27 - [Silent Lenten Retreat for Women](#) - Lenten Silent Weekend - Fr. John Whitney, SJ

Apr 1-3 - [Silent Preached Lenten Retreat for Men](#) -The Healing Power of Christ in Men's Lives  
- Fr. Jim Lee

Apr 8-10 - [Faith Sharing Lenten Weekend Retreat for Men](#) - TBA

Apr 15-17 - [Passion Sunday Weekend Retreat for Women](#) -Journey into the Mystery from Suffering to Glory - Sr. Joyce Cox, BVM

Apr 19-21 - [Preached Holy Week Retreat for Men & Women](#) - Praying Holy Week with Jesus  
- Fr. Armand Nigro, SJ

offered in the next year, please visit our [Retreat Calendar](#).

**Register online by clicking ["here"](#)**

Also, please inquire about [Private Retreats](#) at either Palisades or Far-A-Way Retreats. Your get away for individuals, couples or very small groups can be accommodated and we look forward to serving your needs for Spiritual Retreats in the coming year.

Peace In Christ,

## Three Big Events featuring the insights of Sr. Joyce Cox, BVM



### Wisdom & Wonder in the Second Half of Life A Men & Women's Faith Sharing Retreat November 19-21, 2010

In a culture that values youth over experience, we begin to ask ourselves at an earlier age, "What is the meaning of my life" The time of mid-life and beyond continues to be a time of growth and change... in life, in spirituality, in our experience of God and our journey of faith. In this weekend retreat we will seek out the deeper meaning of our lives, and explore what we bring as gift to society, to family and to our world... the "Sage" that comes with aging. [More Information](#)

### One Day Retreat - What Makes Us Catholic: What Is Our Heart's Desire? - Growing Spirituality for Life

Thursday, December 2, 2010 – 9:30 AM to 4:00 PM

Sr. Joyce Cox, BVM will facilitate this one-day retreat as an opportunity to grow in new and deeper understanding of your own spiritual life in Catholic identity. DVD presentations by Thomas H. Groome will serve as the basis for reflection. What a wonderful way to turn your heart to God at the beginning of Advent. Cost for this One Day Retreat is only \$35 and includes lunch and all presentations.

[More Information](#)

(This presentation can also be done in Parishes! Interested?)

May 6-8 - [Silent Preached Retreat for Women](#) - Spring  
2011 Women's Retreat - Fr.  
Jim Northrop

May 27-29 - [Faith Sharing Retreat for Men & Women](#) - Living the  
Risen Life in Challenging Times  
- Fr. Gary Lazzeroni

May 27-29 - [Retreat for US Vets - A Faith Sharing Retreat for Men & Women](#) - Fr. Lee  
Hightower



### **The Palisades and Far-A-Way continue to need your financial support.**

In order to continue this ministry of formation and transformation, we must rely more than ever on our network of friends to sustain us in a mission that we all know is crucial for the life of the church and the world. In the past year, we have given over \$11,000 in scholarships to assure that no one will be turned away from the opportunity to come on Retreat here. (This is almost double what we gave out in 2008-09) Happily, we received from our donors, over \$10,000 in donations for Scholarships to help offset the cost for others. With your support, we can continue to offer Catholic Retreats and formation

# **“As We Wait in Joyful Hope”**

## **Advent Silent Preached Retreat for Women**

### **Three Day - December 17-19, 2010**

### **Five Day - December 17-21, 2010**

This is a traditional, silent, group retreat with large group conferences offering formation in faith by Sr. Joyce Cox, BVM. Time is provided for individual and communal prayer, spiritual reading, reflection, and devotions. Opportunities are also available for the celebration of the Eucharist and Reconciliation.

Price: The fee for the retreat is \$188 per-person (single room) for the Three Day (Two night) Retreat. For the Five Day (Four night) Retreat, the price is \$350.

Price includes all presentations, meals and lodging in a comfortable room with private bath. Scholarships are available. [More Information](#)

Please let us know if any of our retreats are of interest to you or for your parish group. We are happy to help in any way to assist you in taking part as a group from the Parish or faith community that you share.

Please review the retreat offerings you will find in our [October Newsletter](#) and contact us if we can serve you in any way.

Peace in Christ,

**Deacon Dave Jones, Director**

**Palisades Retreat & Faith Formation Center**

**Far-A-Way Retreat House**

Archdiocese of Seattle

206 748-7991 (Seattle)

253 927-9621 (Tacoma)

800 330-7622 (Toll Free)

**Please enjoy the rest of our [October Newsletter](#) and come join us at the Palisades Retreat Center for you!**

***For More Information Please Visit our Websites***

**[Palisades](#) and [Far-A-Way](#) Retreats**

experiences. Your gift, in any amount, will help us to nurture others on their spiritual journey.

Thank you for your support and partnership in Ministry!

May God Bless and be with you!

**Deacon Dave Jones, Director**

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# The Palisades

**Archdiocesan Retreat & Faith Formation Center**

**4700 SW Dash Point Road #100**

**Federal Way, WA 98023**

s newsletter is being sent to the Palisades Email List and also to all those listed in the Directory of the Catholic Archdiocese of Seattle. To be removed from future mailings, respond to this email and put "remove" in the subject or click the following link: <http://www.seattlearchdiocese.org/Retreats/Palisades/emailalerts.aspx>