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Retreats Coming Soon!

Everett Parishes

- [Mar 18-20 - Silent Lenten Retreat for Men of Everett Parishes](#)
- Fr. Frank Schuster

The Healing Power of Christ in Men's Lives - [Apr 1-3](#) -

[Silent Preached Lenten Retreat for Men](#)
- Fr. Jim Lee

Discovering Your Inner Mystic - [Apr 8-10](#) - [Faith Sharing Lenten Weekend Retreat for Women and Men](#)

- Fr Michael Evernden, C.S.P.

Journey into the Mystery from Suffering to Glory

- [Apr 15-17 - Passion Sunday Weekend Retreat for Women](#)
- Sr. Joyce Cox, BVM

Praying Holy Week with Jesus - [Apr 19-21](#) - [Preached Holy Week Retreat for Men & Women](#)

- Fr. Armand Nigro, SJ

Spring 2011 Women's Retreat

Upcoming Events at Palisades

Retreats for Lent and Beyond!

Dear Sandra,

Come to the Quiet

As you are making your Spring and Lenten plans, be sure to include time for that group or private spiritual retreat you have always wanted to make. Lent is an excellent time to slow your pace and open your heart to God. Many people come to the Palisades on their own for a few days of prayer and reflection. Each guest room at the retreat center is simply furnished, and comes with sheets & towels and a private bath, perfect for those seeking a private or group retreat. Take time for prayer, spiritual reading and reflection. Also find below a variety of retreat opportunities.

The Healing Power of Christ in Men's Lives

[A Silent Preached Lenten Retreat for Men](#) **Friday, April 1 - Sunday, April 3**

This is a traditional, silent group retreat with large group conferences offering formation in faith, times of silence and prayer. Time is provided for individual and communal prayer, spiritual reading, reflection, and devotions. Opportunities are also available for the celebration of the Eucharist and Reconciliation.

Fr. Jim Lee - Retreat Director

Fr. Jim is currently pastor of St. Michael Parish in Olympia. He has been leading a group of men in the parish on a weekly journey of faith, considering topics of courage and commitment for several years. He is well known for his dynamic homilies and spiritual depth. Fr. Jim started as a Maryknoll priest in Tanzania, coming to the Archdiocese of Seattle in 1986. He has also served at St. Francis of Assisi and Assumption Parish in Bellingham.

[Register Here](#)



Discovering Your Inner Mystic [A Lenten Faith Sharing Retreat for Men & Women](#)

Friday, April 8 - Sunday, April 10

This will be a faith sharing, group retreat for women and men, with scripture-based presentations, offering guidance for prayer and

- [May 6-8 - Silent Preached Retreat for Women](#)

- Fr. Jim Northrop

**Wisdom & Wonder
A Retreat on
Ageing with the
Grace of God**

- [May 13-15- Faith Sharing Retreat for Men & Women](#)

- Sr. Joyce Cox, BVM

**Living the Risen
Life in Challenging
Times**

- [May 27-29 - Faith Sharing Retreat for Men & Women](#)

- Fr. Gary Lazzeroni

**May 27-29 -
Retreat for US
Vets**

- [A Faith Sharing Retreat for Men & Women](#)

- Fr. Lee Hightower

You have an opportunity to assist in the support and maintenance of the ministry at these beautiful and peaceful retreats by making a Gift.

Requests for Scholarships are coming in at a much higher rate this year than in past years. It is our intention to assure that no one is turned away from our retreat experiences because of hard economic times. Please be generous in your prayer and in your giving.

[Donate](#)

[Every gift, no matter what the amount.](#)
Makes a Difference

reflection, based on the three pillars of the Lenten season: **Prayer, Fasting and Alms Giving**. - Prayer is more than just saying prayers - Fasting is more than just giving up stuff - Alms giving is more than just donating to charities

**Fr. Michael Evernden, C.S.P. -
Retreat Director**

Fr. Michael, currently based in Portland, OR, focuses on Giving Voice to the Word of God - in Scripture, Prayer & Sacraments, and Daily Life. He offers a practical approach to living our faith, one day at a time; a guide to discovering and sharing our faith story; deepening our awareness of God's living presence among us.

[Register Here](#)



**Journey into the Mystery-Suffering to
Glory**

[A Passion Sunday Weekend Retreat for Women](#)

Friday, April 15 - Sunday, April 17

This will be a guided, silent, group retreat for women, with scripture-based presentations, offering guidance for prayer and discernment. Silence, solitude and ample time for individual and communal prayer and reflection allow for a deepening of one's connection with God and self. Opportunities are also available for the celebration of the Eucharist, confession and individual spiritual direction.

Sr. Joyce Cox, BVM - Retreat Director

Sr. Joyce, is the Spiritual Formation Director for the Palisades and Far-A-Way Retreat Centers. Sr. Joyce is a reflection day and retreat director to religious and lay women & men as well as to parish and school staffs. She is a spiritual director, theologian, educator and a developmental psychologist. She provides fresh insights into prayer and spiritual growth.

[Register Here](#)



Praying Holy Week with Jesus

[A Preached Holy Week Retreat for Men & Women](#)

Tuesday, April 19 - Thursday, April 21

This will be a guided, silent, group retreat for both men and women, with scripture-based presentations, offering guidance for prayer and discernment. Silence, solitude and ample time for individual and communal prayer and reflection allow for a deepening of one's connection with God and self. Optional small group faith-sharing provides connection with others. Opportunities are also available for the celebration of the Eucharist, confession and individual spiritual direction.

Fr. Armand Nigro, SJ - Retreat Director

Fr. Armand entered the Jesuits after graduating from



Gonzaga Prep in 1944. Ordained in 1956, Fr. Armand did tertianship at Port Townsend and went on to complete his PhD in Philosophy at the Gregorian. Fr. Nigro has also been actively involved in leading retreats and writing books on Christian living even when he was carrying a full teaching load. He has preached Roman Catholic Christian Spirituality in all parts of the globe including Australia and New Zealand, China, Africa and Latin America.

[Register Here](#)

Call the Palisades today to register for a Retreat or visit our website to register on line. Please pass this email on or mention our Retreats to someone you know who would benefit. Know that you are always in our prayers. Please keep the Retreat Center and the ministry we do in your prayers as well.

Peace in Christ,

Deacon Dave Jones
Palisades Retreat Center

The Palisades
Archdiocesan Retreat & Faith Formation Center

**4700 SW Dash Point Road - Federal Way, WA
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For More information give us a call at 206-748-7991

or visit our website

www.seattlearchdiocese.org/palisades