



Arlene Sullivan presents:

## *“Tea Time with God”*

Specializing in retreats designed to provide time for:

- ✝ Celebrating
- ✝ Relaxing
- ✝ Reflecting
- ✝ Sacred Conversation
- ✝ Nourishing the Body and Soul
- ✝ Lifting Your Spirits
- ✝ Inspiring Balance in Your Life
- ✝ Encouraging Personal Rituals

Retreats Available for:

- ✝ Parish and School Staffs
- ✝ Parish Volunteer Catechists
- ✝ RCIA Groups
- ✝ Women’s Groups
- ✝ Prayer Groups
- ✝ Senior Groups
- + Business/ Community Groups

Cost is negotiable.

Arlene Sullivan has a Masters in Pastoral Studies with 25+ years of teaching and administration experience in the Archdiocese of Seattle, and three years experience in hospital ministry.

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