



# Twelve Gardens of Stewardship

## Prayer Service

### **Garden of Emotions**

#### **Let us Pray:**

Lord,  
You are the sower and reaper, the planter and harvester. We are eager to cultivate the gifts in the fertile soil of hearts open to You.

#### **Reading from Scripture:**

"Sensible people control their temper; they earn respect by overlooking wrongs."  
*Prov 19:11*

"A fool is quick-tempered, but a wise person stays calm when insulted." *Prov 12:16*

#### **Meditation – How are we cultivating our gifts?**

Do I ask my family or friends for support when I need it? Do I pray and participate in the sacraments to seek spiritual help? Have I considered counseling during times of emotional distress, to help understand myself better and move forward? Is there a particular emotion I have that I want to understand or handle better?

#### **Closing:**

Lord,  
The seed that fell on rich ground yielded a harvest of thirty, sixty, or one hundred fold. May the seeds that You have planted in our hearts, in all the gardens where we are called to be good stewards, produce a rich harvest for building up Your Kingdom. Amen.