

# **Garden of the Soul**

#### Let us Pray:

Lord,

You are the sower and reaper, the planter and harvester. We are eager to cultivate the gifts in the fertile soil of hearts open to You.

#### **Reading from Scripture:**

"Finally, draw your strength from the Lord and from his mighty power." Eph 6: 10

"With all prayer and supplication, pray at every opportunity in the Spirit." Eph 6: 18

## Meditation – How are we cultivating our gifts?

Do I regularly spend the time I want to with God in prayer? Do I take advantage of liturgies, retreats and other opportunities to grow in my spirituality? Do I use prayer, fasting, and almsgiving to cultivate my relationship with God? Do I allow myself quiet time to just listen to the 'still, small voice' of God?

### Closing:

Lord,

The seed that fell on rich ground yielded a harvest of thirty, sixty, or one hundred fold. May the seeds that You have planted in our hearts, in all the gardens where we are called to be good stewards, produce a rich harvest for building up Your Kingdom. Amen.