

ParentMap's highly acclaimed

LECTURE SERIES

Prepare for the Highs and Lows of the Tween/Teen Years



Rosetta Lee, **National Anti-Bullying Educator**

Parenting Essentials to Prevent and Address Bullying

- How to identify warning signs
- Key cultural and gender differences
- How to support your child at home
- Help your child speak up and be safe

APRIL 10, 2012

MCCAW HALL AT SEATTLE CENTER, 7-9 PM

Julie Metzger, RN, MN and

Rob Lehman, MD, **National Pre-Teen Experts**

Will Puberty Last My Whole Life?

- Prepare your child for what to expect in puberty
- Handle tricky questions about sex and relationships
- Encourage conversations and problem-sharing
- Guide your child to make smart, safe choices

MAY 1, 2012

SEATTLE CHILDREN'S THEATRE, 7-9 PM

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