

Check It Out

Please post or copy and distribute this brochure to teachers and catechists!

September 2012

Take a look at the variety of new materials the library has added to the catalog over the summer. Contact the library to reserve your items today!



7 Keys to Spiritual Wellness: Enriching your Faith by Strengthening the Health of your Soul (Book) Paprocki, Joe, Loyola Press, 2012. Recognizing that the spiritual immune system is weakened almost daily by toxic patterns and attitudes that negatively impact our ability to live in a harmonious relationship with God and others, Paprocki offers seven enduring and reliable strategies for achieving spiritual wellness. After identifying practical ways to integrate each of these strategies into daily living, he describes seven persistent dangers to our spiritual well-being and how these dangers manifest themselves in our lives. (A)

Why God Matters: How to Recognize Him in Daily Life (Book) Fabian, Karina L., Tribute Books, 2010. Do you feel distant from God? Do you want a closer relationship with him? God is with us always, sometimes in ways we don't even realize. Deacon Steve Lumbert and his daughter Karina Fabian share their stories of how God led them from casual belief to deep devotion, and offer tips and exercises to help you see God's hand - and take it. (S,A)

Voting and Holiness: Catholic Perspectives on Political Participation (Book) Cafardi, Nicholas P., Paulist Press, 2012. A collection of essays by noted Catholic scholars on how Catholics should participate in the political process. (S,A)

May Crowning, Mass, and Merton: 50 Reasons I Love Being Catholic (Book) Kelly, Liz, Loyola Press, 2006. Liz Kelly shares her love for the Catholic faith, discussing why the beliefs of the church are important to her, describing her favorite church traditions, and celebrating the spiritual beliefs that have shaped her life. (S,A)

The Work of Mercy: Being the Hands and Heart of Christ (Book) Shea, Mark P., Servant Books, 2011. Provides a fresh look at the corporal and spiritual works of mercy. This book tackles the works of mercy in a reverent way, with attention to the many puzzles and complications that arise for the faithful Catholic who tries to live out the works of mercy. (A)



Bible Basics for Catholics: A New Picture of Salvation History (Book) Bergsma, John Sietze, Ave Maria Press, 2012. This overview of the Bible is based on Bergsma's wildly popular introduction to theology course at Franciscan University. Bergsma combines sound theology, academic expertise, pastoral wisdom, and an endearing playfulness to draw readers into the connection between the great stories of the Bible and salvation in Jesus. (S,A)

Bible Top Tens: 40 Fun and Intriguing Lists to Inspire an Inform (Book) Sperry, Mary Elizabeth, Our Sunday Visitor Pub., 2012. This book is intended to open Scripture in a brand new way. By organizing important people, places, and events into lists, we can reframe our experience and understanding of God's Word, while serving as a memory aid or providing ideas for further reading and study. Discover the top ten Bible misunderstandings, the top ten things to know about the Bible, the top ten animal stories, the top ten angelic appearances, or the top ten miracles. (S,A)

Falling Upward: A Spirituality for the Two Halves of Life (Book) Rohr, Richard, 1st ed. Jossey-Bass, 2011. Father Richard Rohr argues that people's failings can become the strongest foundations for their ongoing spiritual growth, drawing on literature, history, philosophy, and mythology to show how those who have fallen and failed are the only ones who truly understand how to move on and up. (A)

Prayers Before the Bell: Inviting Christ Into the Classroom (Book) Manion, Betty, Liguori Publications, 2012. Offers catechists, teachers, and parents more than 250 original prayers to guide students through the school year and liturgical calendar as well as special occasions. Each week's theme is reinforced with a discussion question, Scripture passage, and five daily prayers that support students as they grow in their relationship with God. A section of special-occasion prayers covers topics such as exam days, athletic events, 100th Day of School, holidays, and graduation. (S,A)

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I Believe: Living the United States Catholic Catechism for Adults (DVD, 97 min.) United States Conference of Catholic Bishops, 2011. This ministry resource introduces and shapes the study of the United States Catholic Catechism for Adults (USCCA). Each section of the DVD corresponds to a part in the USCCA. Bishops, clergy, and parish members familiar with the USCCA offer their personal, first-hand perspective on the text. (S,A)

The Passion of Saint Perpetua: Martyr of the Faith (DVD, 55 min.) Christian History Institute, 2009. This documentary tells the true account of the courageous young martyr of the early church. Join well-known author Mike Aquilina as he recounts the history and message of this timeless true story and its relevance for us today. Containing footage taken at the actual sites where the story took place in Carthage, Tunisia, this documentary will inform as well as inspire. (S,A)

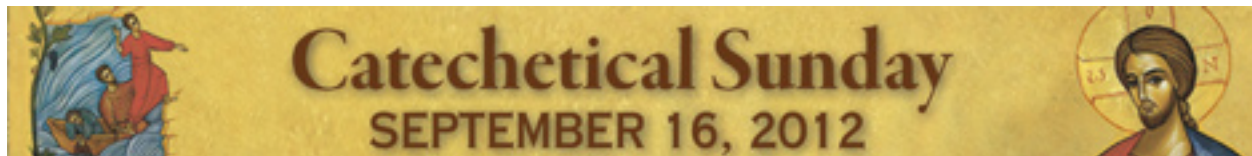
The Early Christians: History of the Church (DVD, 270 min.) Goya Producciones, Ignatius Press, 2010. The nine documentaries in this video set out to answer the following questions about the early church: how did the religion of love manage to survive? How did the first Christians live? Who were their greatest enemies? How did they defend their faith? How did they propagate it? (S,A)

The Gospels (DVD, 120 min.) Gateway Films (Vision Video), 2010. Combining remarkable shots of the Holy Land with dramatized scenes and clear analysis of each gospel account, Christopher invites us into the world of Jesus. You will be

entertained, inspired, and informed by this unique series of four video programs. Matthew, Mark, Luke, and John will open your heart and mind. But first, we must open the Gospels! (S,A)



Archdiocese of Seattle Year of Faith page:
www.seattlearchdiocese.org/yof



This year, the Church will celebrate Catechetical Sunday on September 16, 2012, and will focus on the theme "Catechists and Teachers as Agents of the New Evangelization." Those whom the community has designated to serve as catechists will be called forth to be commissioned for their ministry. Catechetical Sunday is a wonderful opportunity to reflect on the role that each person plays, by virtue of Baptism, in handing on the faith and being a witness to the Gospel. Catechetical Sunday is an opportunity for all to rededicate themselves to this mission as a community of faith

[Resources for Catechetical Sunday from the USCCB](#)

LEVEL: **P** (Primary Grades K-3) **I** (Intermediate Grades 4-6) **J** (Junior High Grades 7-8) **S** (Secondary Grades 9-12) **A** (Adult)

Understanding Sunday Mass: A Kid's Point of View (DVD, 40 min.) Anchor Productions, 2011. Follow Father Jerry as he gives Amanda and AJ a unique tour of Sunday Mass. Designed to help teach grade school children the meaning of Sunday Mass. Easy to understand and fun to follow along. This DVD text book will help answer questions that many children have when they attend Church. An excellent instructional tool for teachers, the DVD is divided into two twenty-minute sections keeping student's attention and allowing teachers an opportunity for review. (Spanish DVD available-Entendiendo la Misa Dominical: El Punto de Vista de Los Niños). (P,I,J)

Road to Hope: The Spiritual Journey of Cardinal Nguyen Van Thuan (DVD, 60 min.) Salt & Light Productions, 2008. Cardinal Francis Xavier Nguyen Van Thuan was a political prisoner of the Communist regime in Vietnam for thirteen years, nine of which he spent in solitary confinement. His remarkable faith sustained him during those long years when he would celebrate Mass in secret with three drops of wine in the palm of his hand and the host smuggled inside a flashlight by his faithful. His spiritual writings, penned on the back of old calendars, have spread throughout the world, inspiring millions ... an original documentary exploring the man and his message. (S,A)

The Secret World of Arrietty (DVD, 95 min.) Disney, 2012. In a secret world hidden beneath the floorboards, little people called Borrowers live quietly among us. But when tenacious and tiny Arrietty is discovered by Shawn, a human boy, their secret and forbidden friendship blossoms into an extraordinary adventure. Beautifully crafted visuals and a tone of gentle melancholy characterize this film. The materialism of the protagonist's unseen parents is contrasted with the deep bonds and traditional values that unite his newfound pal and her devoted folks. A-I -- general patronage. (P,I,J)

Lourdes: Pilgrimage and Healing (DVD, 39 min.) Gateway Films/Vision Video, 2006. Presents Saint Bernadette's account of the apparitions of the Virgin Mary at Lourdes. Examines the experiences of modern day pilgrims seeking physical and spiritual healing. (S,A)