



Spring is here in full bloom and we invite you to come away to a quiet place and rest a while!

Please follow this link to view our current fundraising activity! Help us continue to build up the Palisades! [Fund Raiser for Labyrinth!](#)

Thank you for all that your care and support.

Click on any underlined word to follow link...

Featured Retreats and Events Coming SOON!

As Earth Day approaches next week...

And in the wake of the Welcome Home Catholics Commercial blitz that we saw over the days of lent...

The follow two retreats are particularly timely.

Please pass the word on to those you know who are interested in a retreat on an earth friendly theme and of course, the "Welcome Home" retreat would be perfect for someone who has been away and is interested in easing back into church.



Care for all of Creation Retreat

May 21-23, 2010

A Men & Women's Faith Sharing Retreat

Retreat Focus: In times of chaos and crisis we are called to be rooted in convental relationships and cultivate contemplative practices. Pope Benedict says "If you want peace, take care of creation." Together we explore our scriptural stories, consider right relationships, experience communal contemplation and ritual, and explore the movement of the Spirit inspiring us to transformation.

Retreat Director: Sr. Linda Haydock, SNJM, is the Executive Director of the Intercommunity Peace and Justice Center, a collaborative ministry of religious communities in the Northwest. She has co-authored two books on prayer and spirituality for women and facilitates retreats and workshops throughout the Northwest. She is a member of the Sisters of Holy Names of Jesus and Mary.



Welcome Home Catholics Retreat

May 28-30, 2010

Welcome Home - A Retreat for Returning Catholics

Focus: This is a weekend faith Sharing retreat for returning catholics. Maybe you've been away from the Church for awhile. Maybe you're not sure if you want to return, but you are willing to at least take a second look. We understand. .

Presenter: Father Michael Evernden, C.S.P., currently based in Portland, OR, focuses on Giving Voice

to the Word of God – in Scripture, Prayer & Sacraments, and Daily Life. He offers a practical approach to living our faith, one day at a time; a guide to discovering and sharing our faith story; deepening our awareness of God's living presence among us. into the liturgical and social life of the church.

You may also be interested in a Reflection being offered at the Retreat Center by Sr. Joyce Cox. The first is happening this weekend!

What Makes Us Catholic - Hours of Reflection

Sundays, April 18th, May 2nd, June 6th and 13th from 2:00-4:00.

Featuring Video Presentations by Thomas H. Groome

Presentations and Reflection Process Facilitated by Sr. Joyce Cox, BVM

This is a DVD presentation featuring Dr. Thomas Groome, professor of Theology and Religious Education at Boston College, and Director of the Institute of Religious Education and Pastoral Ministry. Dr. Groome is a lecturer and keynote speaker of international renown. He is the author of Christian Religious Education, one of the most influential books on the subject, and most recently, the best-selling What Makes Us Catholic.



Sister Joyce Cox, BVM, Spiritual Formation Director for the Palisades Retreat and Faith Formation Center facilitates the presentations and provides the opportunity for reflection and conversation in response to draw out from Catholic Christian Faith what is most life-giving for ourselves and for the world. Each session concludes with some suggestions of spiritual practices to sustain Catholic Identity. One can become alert for the spiritual wisdom that can guide one's own responses to the "great question" enabling one to live faith more fully in everyday life.

Please Call (206)748-7991 or Email [Palisades Retreat Center](mailto:PalisadesRetreatCenter@gmail.com) to RSVP for these gatherings!

There will be for two Hour Sessions will be held at the Palisades Retreat and Faith Formation Center on the following dates: Sundays, April 18th, May 2nd, June 6th and 13th from 2:00-4:00. Free will offering in support of the Palisades.

I also wanted to give you a heads up on this retreat with will be coming this summer!



Summer Three-Day Ignatian Retreat **On the Path of Ignatius: A Pilgrimage of the Heart**

These days will include:
* Presentations that will soothe

and stir your soul

- * Soaking silence on the shores of Puget Sound
- * Opportunities for Individual Spiritual Direction
- * Deepening experiences of prayer in the Ignatian tradition

Visit our website for more information and to register—
www.ignatiancenter.org

2:00 pm Fri. July 30 - 2:00
pm Sun. Aug 1st

Presented by

Frank Case, SJ, Carolyn
Hickman, & John Fuchs, SJ

[Summer Three Day
Ignatian Retreat
Information and
Registration Form PDF](#)

\$270 Fee includes lodging
and all meals
\$175 for Retreat and Meals
Only
Some Partial Scholarships
are available

The Ignatian Spirituality Center Invites You to a Summer Three-Day Ignatian Retreat at Palisades Retreat Center in Federal Way, WA.

2010 Calendar of Retreats Sponsored by Palisades

Email: [Palisades Retreat Center](mailto:PalisadesRetreatCenter@seattlearch.org) Please print the retreat registration forms found below, fill it in and send it to the Retreat Center for processing.

Date	Retreat	Director/Speaker
Any Open Dates	<u>Come to a Private Retreat at The Palisades!</u>	
May 7-9 (FULL)	<u>A Spring Women's Retreat with Fr. Jim Northrop</u> A Women's Silent Preached Retreat (FULL)	Fr. Jim Northrop (FULL)
May 21-23	<u>Chaos, Contemplation And Care for all of Creation</u> A Men & Women's Retreat Weekend	Sr. Linda Haydock, SNJM
May 28-30	<u>Welcome Home Catholics Retreat</u> A Retreat for Returning Catholics	Fr. Michael Evernden CSP
June 14-20	<u>The Annual Retreat for Women Religious & Associates</u> "Were not our hearts burning within us?" (Lk 24:32)	Fr Marlin Connole and Sister Sheila Lemieux, CSJP
July 30-Aug 1	<u>Finding God through Poetry -</u> A Weekend Retreat for Men & Women ** at <u>Far-A-Way Retreat House</u> **	Pam McCauley
July 30-Aug 1	<u>Summer Three-Day Ignatian Retreat</u> On the Path of Ignatius: A Pilgrimage of the Heart - taking place at Palisades Retreat	This Retreat is sponsored & presented by the Ignatian Spirituality Center
Aug 20-22	<u>Cracked Pots and Broken Bowls - Strength from Weakness</u> Women's Silent Retreat	Fr. Dave Rogerson
Aug 27-29	<u>The Contemplative Journey:</u> An opportunity to grow in our understanding and practice of contemplation for those who are experienced in Contemplative Prayer	Sr. Joyce Cox & Pat Sursely
Nov 19-21	<u>Wisdom & Wonder in the Second Half of Life</u> - A Men & Women's Faith Sharing Retreat	Sr. Joyce Cox BVM
Dec 3-5	<u>Advent 2010 Silent Preached Retreat</u> A Silent Retreat for Men & Women's	Fr. Jim Northrop
Dec 17-19 (19-21)	Women's Silent Advent Retreat Weekend [\$188] or 5 day [\$350] - your choice	Sr. Joyce Cox BVM
Jan 21-23	<u>Lessons for Men from the Prodigal Son...</u> A Men's Faith Sharing Retreat	Deacon Dave Jones & Fr. Jack Jennings
Jan 28-30	Introduction to Contemplative Prayer Silent Retreat	TBA
Feb 4-6	Women's Faith Sharing Retreat	Fr. John Fuchs, SJ & Pam McCauley
Feb 25-27	Retreat Weekend for Couples	Fr. Tom Vandenburg
Any Open Dates	<u>Come to a Private Retreat at The Palisades!</u>	

Info can also be accessed at the Palisades Page of the Archdiocese of Seattle website:

www.SeattleArch.org/Palisades

and you can go to Far-A-Way Retreats webpage at: **www.SeattleArch.org/FarAWay**