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January 2013

Confirmation Resources

Spirit and Truth: A Self-Guided Scripture Study for Confirmation and Beyond Carotta, Mike, Twenty-Third Publications, 2011. Vividly illustrates how life in the Spirit is at the heart of what the Church celebrates in confirmation. In a study-journal format, it allows candidates to work through a structured self study on their own time, engaging in spiritual formation, study over 80 Old and New Testament passages as well as what the Church teaches about the Spirit, and reflect on their personal experience with the Spirit through open-ended questions based on Scripture passages.

Have Faith: Sustaining the Spirit for Confirmation and Beyond Carotta, Michael, Twenty Third Publications, 2007. A unique approach to helping both candidate and sponsor prepare for the sacrament of Confirmation. It invites you to examine your spiritual callings, your commitments, the challenges of discipleship, and to develop for yourself a well-thought-out spiritual growth plan for "life after Confirmation".



Sustaining the Spirit: Callings, Commitments, & Vocational Challenges Carotta, Michael; Cronin Carotta Catherine, Twenty Third Publications, 2005. Offers us fresh insights into the meaning and reality of vocation. Traditionally, a vocation has been understood to be related to our life's work. In this book, however, you will discover how vocation expands far beyond work to encompass the essence, purpose, and direction of each individual life.

Practice Makes Catholic: Moving from a Learned Faith to Lived Faith Paprocki, Joe, Loyola Press, 2011. Paprocki addresses the all-important "why" of many Catholic practices by articulating five key characteristics that form our Catholic identity: a sense of sacramentality, a commitment to community, a respect for the dignity of human life and commitment to justice, a reverence for Tradition, and a disposition to faith and hope rather than despair. Under each of these categories, he explores and explains multiple Catholic practices, then describes how following each one can make a profound difference in our faith and in our lives.

Learning Centers for Confirmation Twenty-Third Publications, 2009. Doris Murphy offers 15 creative and formative centers. At each, young people and their families share church teaching, Scripture, prayers, conversation, and fun activities that reinforces the teaching. These learning centers accommodate a variety of learning styles and offer a unique opportunity for adults and young people to learn about confirmation—together.

When a Teen Chooses You: Practical Advice for Any Adult Moore, Joseph, St. Anthony Messenger Press, 2012. Drawing on years of experience as a teen advocate, Moore provides insight into how teens think, while offering tips to help you confidently talk about such delicate issues as prayer, morality, sin, and guilt. With practical information for anyone offering spiritual guidance to a teen, this book is an indispensable resource.

Countdown to Confirmation: A Resource Guide for Immediate Preparation Giocondo, Maureen, Twenty Third Publications, 2007. Candidates are taught about the sacrament even as they walk through its ritual aspects. The liturgical rite becomes the focal point for helping them understand what it means to be a confirmed member of the Catholic Church. These eight sessions therefore explore the phrases used in the dialogue between the bishop and the candidate so that the liturgy itself is at the heart of the lessons.

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Confirmation Textbooks

Confirmed in the Spirit (Loyola Press, 2013) Integrates with any school or parish curriculum, preparing young people to receive the sacrament of Confirmation. It is exceptionally flexible—it can be used for any one-year Catholic Confirmation program or as a primary resource for two-year programs for 11- to 15-year-olds.

Anointed in the Spirit-Middle School Program (St. Mary's Press, 2010) Program prepares sixth, seventh, and eighth graders for the Sacrament of Confirmation by focusing on the Rite of Confirmation itself. The liturgical catechesis approach responds to the developmental needs of younger teens by using concrete ritual elements to explore theological and spiritual truths.

Anointed in the Spirit-High School Program (St. Mary's Press, 2011) This program draws on the signs, symbols, and rituals of the Confirmation liturgy to lead participants to a deeper understanding of the sacred realities they represent. This preparation will help the participants enter into and fully participate in the Sacrament.

Send Out Your Spirit (Ave Maria Press, 2010) Leads teens through the major tenets of their faith—the Trinity, Jesus, scripture, Church, sacraments, morality, and more—specifically structured for the context of preparing for confirmation. This program is rooted in the idea that high school-aged candidates want the necessary information on the Catholic faith in hand as they commit personally to the promises of faith originally made for them at baptism and reaffirmed in confirmation.

Call to Celebrate (Our Sunday Visitor, 2011) Embodies the principles that preparing younger and older adolescents for Confirmation is a two-part process: one of initiation done in the midst of family, peers, and sponsors, and second of a process of liturgical catechesis that respects how individuals and communities come to know the mysteries of faith through symbol, ritual, and story.

Confirmation: The Gift of the Spirit (RCL Benziger, 2007) For junior high and early high school candidates for Confirmation, uses reflection, prayer, Scripture, doctrinal review and activities to invite candidates to become actively involved in their preparation for the Rite of Confirmation.

Confirmation Films

Confirmation: A Commitment to Life (57 min.) Liguori Publications, 2009. Join the popular Father Joe Kempf and a group of high school students as they prepare for—and learn about—confirmation. In a series of video vignettes, these young Catholics face the same problems as other adolescents: issues of sexuality, peer pressure, relationships, commitments, and doubts about themselves and their faith.

The Sacrament of Confirmation: Past and Present (35 min.) Twenty Third Publications, 2004. Kathleen Chesto discusses the place of the Holy Spirit in our lives and describes the Spirit as 'the heart of everything that is'. In this context, she presents a history of the understanding and evolution of the Sacrament within the church and explores current debates around an appropriate theology of Confirmation and its role as a Sacrament of Initiation. This includes a discussion about the different ages when confirmation is celebrated around the world, with different accompanying theologies.



Mass for Life
Tuesday, January 22, 2013
9:30 A.M.
Marcus Pavilion
St. Martin's University, Lacey

Questions about Mass details, contact the Liturgy Office at
206-382-4878.

Questions about parking and other logistics, email
ocff@seattlearch.org.

Teen Discipleship (22 min.) St. Anthony Messenger Press, 2000. Captures for Catholic youth how their baptismal commitment comes alive in service to others and looks at the work of the Holy Spirit in their lives.

Sacrament of Confirmation (47 min.) St. Anthony Messenger Press, 2001. Explores the history, rituals, and meaning associated with the sacrament of Christian initiation through fictional drama, personal testimony and a music video reflection.