Dear Catechetical Colleagues,

Next Saturday, October 26th, the Archdiocesan Office of Pastoral Care is hosting "Fun Beyond Limits" which will offer families with special needs a great day for socialization and networking. Please see the flyer below for time and location. We are excited about this great opportunity and look forward to the many activities that will be part of the wonderful event!

The National Catholic Education Association (NCEA) is inaugurating "Parish Religious Education Week" for November 3-9, 2013. They have a celebration guide in both English and Spanish that offers ideas for recognizing the importance of parish catechesis and key facts about religious education programs. You can download this information at: http://www.ncea.org/news/parish-religious-education-week-debuts-november

On November 16th, the *Just*Faith Community is sponsoring, a **Faithful Response to Mental Illness** conference. The program will be bringing together several resources to help all of us deepen our understanding of how we can support people who encounter a variety of mental health issues. I hope you will be able to help promote the event and to make sure the flyer gets widely distributed in our parishes and schools.

Our Archdiocesan **Catechist Certification Program** is currently offering classes across the Archdiocese as well as some upcoming webinars. Check out the schedule to find courses near you!

Looking for a booklet to help your **parents talk about human sexuality with their children**? See the information from the Archdiocese of New York that offers three great resources across age groups of children and teens.

Once again, it is a gift to highlight several of Pope Francis' recent speeches, upcoming webinars, video links and other great catechetical resources. In particular, please check out the information regarding bullying.

In Christ,

Anne

Anne Frederick, Ed.D. Director of Religious Education (Parish and School Faith Formation)

Fun Beyond Limits!

For special needs families OCTOBER 26TH 1-4PM



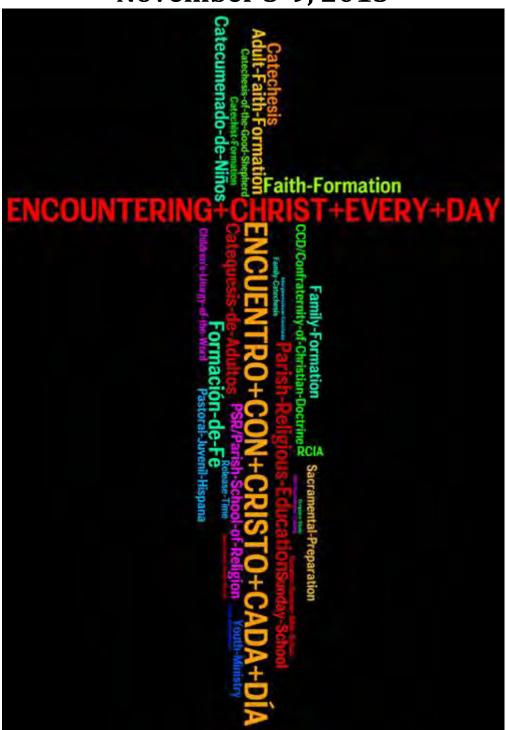
Games-Costume Contest-Food-Crafts Hosted by Archdiocese of Seattle St. Monica Catholic Church

St. Monica Catholic Church 4301 88th Avenue SE, Mercer Island, WA 98040

Free for all who RSVP, call or email Erica Cohen Moore (206) 382-4852 ericac@seattlearch.org

Parish Religious Education Week

November 3-9, 2013



http://www.ncea.org/news/parish-religious-education-week-debuts-november





Western Washington

JustFaith Leadership
Team

Present

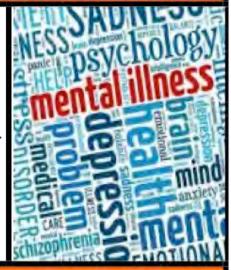
A FAITHFUL RESPONSE TO MENTAL ILLNESS

OPEN TO ALL – ADVANCE REGISTRATION REQUIRED

Saturday, November 16, 2013 8:30-4:30 (Gathering and coffee at 8:30, program begins at 9:00)

St. Catherine Siena, Parish Center 814 NE 85th St., Seattle, WA 98115

- Prayer
- Keynotes
 - Randy Revelle Former King County Executive, Consumer & Advocate
 - Dr. Trez Buckland Clinical Assistant Professor UW School of Public Health & Parent
- Theological Reflection Fr. Paul Magnano, Pastor, Christ Our Hope Parish
- National Alliance on Mental Illness "In Our Own Voice" Presentation
- · Parish/Congregational Ministry Models
 - o St. James Cathedral, Seattle
 - St. Luke Parish, Shoreline
 - o Mental Health Chaplaincy
- Advocacy
- Opportunities for Networking

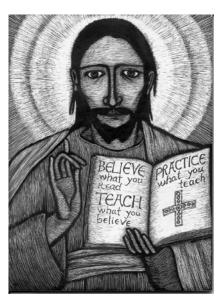


Registration \$15 - includes local, no waste lunch ★Please register by Friday, Nov. 8th★

For More Information and to Register: Contact the Missions Office missionsoffice@seattlearch.org or 206-382-4580

FOUNDATIONS OF OUR CATHOLIC FAITH





ADULT FAITH FORMATION

- Advent
- 4 Lent
- Retreats

CATECHIST CERTIFICATION

- **♣** Faith Formation for Parish Staff
- For Competent, Confident, and **Capable** Catechists
 - o Certify at least one per grade level
 - o Identify & Prepare Next Year's Catechist
- RCIA team
 - o Identify & Prepare Next Year's Team

SCHEDULE AND REGISTRATION at www.seattlearchdiocese.org/ccp

Parent Guides to Human Sexuality are now available! The Archdiocese of New York has recently released Parent Guides to Human Sexuality, a set of three concrete resources for parents of children from ages 5 to 19 to educate themselves in the Catholic Church's teachings regarding human sexuality. Click here for more info. http://www.flrl.org/Chastity.htm

The link will take people directly to the Parent Guides page with several attractive photos of the guides and complete information about the series. If you would like more information, please contact Jim Thomas in the Office of Catholic Faith Formation.

Pope Francis: 'A Prayer That Is Not Courageous Is Not A Real Prayer'



Pope Francis highlighted the importance of courage in prayer to discover the true grace the comes with it. "How do we pray? Do we pray like this, out of habit, piously but unbothered, or do we put ourselves forward with courage before the Lord to ask for the grace, to ask for what we're praying for?," the Pope asked the faithful present. "Courage in prayer: a prayer that is not

courageous is not a real prayer.

The courage to trust that the Lord listens to us, the courage to knock on the door." The Pope went on to say that it is we that must "ask, seek, and knock" at the heart of God. This "knocking on the heart of God", he continued, "is a great thing" because God gives us His Holy Spirit, that is Himself. "Our prayer, if it is courageous, receives what it asks for, but also that which is more important: the Lord," the Pope said.

Referencing another Gospel in which only one of ten lepers returned to thank Christ for healing him, the Holy Father said that some people "receive the grace and then go away." The Pope stressed the importance to pray with the courage of faith, which brings us to ask "even for those things that prayer does not dare hope for: God Himself.

"We ask for a grace, but we don't dare say, 'But come Yourself to bring it to me.' We know that a grace is always brought by Him: It is He Himself who comes and brings it to us," the Holy Father said. "Let us not embarrass ourselves by taking the grace and not recognizing Him who brings it to us, Him who gives it to us: The Lord. That the Lord may give us the grace of giving us Himself, always, in every grace.

Pope Francis: Pursuit of Uniformity Erodes the Gifts of the Holy Spirit

The Holy Father dedicated the catechesis of today's general audience to Catholicism and the concept of being Catholic. He explained three fundamental meanings of the idea, based on the Greek 'kath'olon', 'totality', and how these can be applied to the Church.

Firstly, "the Church is Catholic", he said, "because she is the space, the house in which the faith in its entirety is announced, in which the salvation brought by Christ is offered to all. In the Church, every one of us finds what is necessary to believe, to live as Christians, to became holy, to walk this path in every place and in every age".

"The Church is Catholic" he continued, explaining the second meaning, "because she is universal, she spreads through every part of the world and proclaims the Gospel to every man and every woman. The Church is not an elite group, she does not concern only the few."

"The Church is not closed, she is sent to all of humanity. She is the only Church present even in the seemingly least significant parts of humanity".

With regard to the third meaning of Catholicism, the Pope reiterated how "the Church is Catholic because she is the 'House of harmony' where unity and diversity know how to come together to create richness".

The Holy Father compared this to the image of the symphony, which means harmony and accord, in which different instruments play together. Each one retains its own inimitable timbre and the characteristics of its sound, guided by a director who ensures that the instruments all play together in harmony, but that the timbre of each instrument is not cancelled; on the contrary, the special quality of each one finds its highest expression. The Church, he said, "is like a great orchestra. We are not all the same, and we should not all be the same", he emphasized. "Each person offers what God has given him."

Pope Calls Synod to Discuss Families, Divorce and Remarriage



The predicament of divorced and remarried Catholics will be a major topic of discussion when bishops from around the world meet at the Vatican in October 2014. The Vatican announced that an extraordinary session of the Synod of Bishops will meet Oct. 5-19, 2014, to discuss the "pastoral challenges of the family in the context of evangelization."

The pope had told reporters accompanying him on his plane back from Rio de Janeiro in

July that the next synod would explore a "somewhat deeper pastoral care of marriage," including the question of the eligibility of divorced and remarried Catholics to receive Communion. Pope Francis added at the time that church law governing marriage annulments also "has to be reviewed, because ecclesiastical tribunals are not sufficient for this. It is complex, the problem of the pastoral care of marriage."

Such problems, he said, exemplified a general need for forgiveness in the church today. "The church is a mother, and she must travel this path of mercy, and find a form of mercy for all," the pope said. The announcement of the synod came amid news that the Archdiocese of Freiburg, Germany, had issued new guidelines making it easier for divorced and remarried Catholics to receive Communion.

The Vatican spokesman, Jesuit Father Federico Lombardi, said "The Holy Father is placing the pastoral care of the family at the heart of a synod process that will be larger, involving the reflection of the universal church." The October 2014 gathering will be an "extraordinary general session" of the synod, which according to the Code of Canon Law is held to "deal with matters which require a speedy solution." It will be composed for the most part of the presidents of national bishops' conferences, the heads of the Eastern Catholic Churches, and the heads of major Vatican offices.

Only about 150 synod fathers will take part in the session, which will run for two weeks, Father Lombardi said, compared with about 250 bishops who attended the three-week ordinary general assembly on the new evangelization in October 2012.

This will be only the third extraordinary synod since Pope Paul VI reinstituted synods in 1965, to hold periodic meetings to advise him on specific subjects. A 1969 extraordinary session was dedicated to improving cooperation between the Holy See and national bishops' conferences; and a 1985 extraordinary session, dedicated to the 20th anniversary of the end of the Second Vatican Council, recommended the compilation of the Catechism of the Catholic Church, which was published seven years later.

Pope Francis: 'Christ Invites Us to Go Out and Bring Joy of the Gospel'



Continuing his catechesis on the Creed, Pope Francis reflected on the apostolic and missionary aspect of the Church. "To profess that the Church is apostolic means to underline the profound connection, the association it has with the Apostles, with that small group of 12 men that Jesus called to Him one day, He called them by name, to remain with Him and to send them out preach," the Holy Father said. "Apostle, in fact, is a Greek word

that means "one who is sent", "envoy". The Apostles were chosen, called and sent by Jesus to continue his work."

The Holy Father went on to underline three aspects of the apostolic nature of the Catholic Church, the first being that the Church was founded on the basis of preaching and prayer of the Apostles. Citing St. Paul's Letter to the Ephesians, the Pope stated that we as

Christians are the "living stones" that form the Church, which is supported by the Apostles who are the columns and the cornerstone which is Christ.

"The Apostles lived with Jesus, they heard his words, they shared in his life, and above all were witnesses of his Death and Resurrection," the Holy Father said. "Our faith, the Church that Christ wanted, is not founded on an idea, or on a philosophy, but on Christ Himself. And the Church is like a plant that has grown over the centuries, it has developed, it has borne fruit, but its roots are well-planted in Him and the fundamental experience of Christ that the Apostles, chosen and sent by Jesus, and now comes to us."

The second aspect of the Church's apostolic nature is its role, with the help of the Holy Spirit, "in keeping and handing on the teaching, the 'good deposit,' the salutary words she has heard from the apostles," as stated in the Catechism of the Catholic Church.

The Church, he said, preserves this "precious treasure" consisting of the Sacred Scripture, doctrine, the Sacraments, the ministry of Pastors, all of which allows us to participate in the life of Christ. "It is like a river that flows through history, it develops, it irrigates, but the water that flows is always that which comes from the source, from Christ Himself: He is the Risen One, the Living, and his words do not pass," the Holy Father said.

Speaking on the final aspect, the Holy Father said the Church is apostolic because it is sent to bring the Gospel to the whole world. Christ's call to "make disciples of all nations" highlights this missionary aspect of the Church. "Christ, the Pope said, invites us all to go meet with others, he sends us, he asks us to move ourselves to bring the joy of the Gospel!"

Concluding his address, the Holy Father stated that Church always looks towards the future with the clear indication that it is sent, that it is missionary. "A Church that closes in on itself and stays in the past betrays its own identity," the Pope said. "Now, let us all rediscover the beauty and the responsibility of being an apostolic Church."

21st Century Catholic Evangelization Fall Website Update

If you haven't joined the mailing list for the <u>21st Century Catholic Evangelization</u> website, brought to you by the Evangelization Committee of the National Conference for Catechetical Leadership, please take the time and sign up now. Their goal is to assist you in deepening your understanding and practice of evangelization, and bringing evangelization to life in your diocese and parish.

To keep you up-to-date they will be sending you regular emails announcing new resources. Here is a sampling of what's new this Fall:

- new articles in <u>Understanding Catholic Evangelization</u> by Thomas Groome, Frank Mercadante, Nancy Pineda-Madrid, and Cardinal Wuerl
- examples of parish evangelization efforts in **Effective Practices**

- new <u>Organizations</u> like St. Paul Street Evangelization
- new **Resources** like CATHOLICISM: The New Evangelization

Be sure to check out the webinars and video programs in <u>Educating Leaders</u>. There are lots of great learning programs for your personal enrichment and for educating your staff and leadership teams.

Be sure to let them know how they can serve you by using the <u>Response Form</u> on the website. They are always looking for new examples and models of evangelization to add to the website. Just use the <u>Submit a Resource</u> form to submit your information.

FREE Professional Development Webinar – THIS Tuesday, October 22, 2013



Ave Maria Press, in partnership with the National Conference for Catechetical Leadership, the National Association for Lay Ministry, and National Federation of Priests' Councils presents a series of free, online workshops on professional development for

parish ministers. This webinar is offered on Tuesday, October 22 at 3:00 pm EDT. You can register at PDW-10-22-2013. For a complete listing of professional development webinars in this series, please visit www.avemariapress.com/webinars.



"Marketing" Catholic Marriage in a Post-Marriage World

Presented by: Dr. Greg and Lisa Popcak, Authors of the new book, <u>Just Married</u> Tuesday, October 22, 2013 3:00 PM - 4:00 PM EDT

Everyone uses the word "marriage" but it seems to mean a million different things to a million different people. Today it seems that many



couples don't believe marriage means anything anymore. In this marriage-hostile environment, how can the Church effectively promote what makes Catholic marriage both different and more desirable than any other kind of relationship out there?



In this provocative and eye-opening webinar, Dr. Greg and Lisa Popcak (POP-chak) offer a side-by-side "product comparison" of the five types of marriage and marriage-like relationships from which most couples

choose. More importantly, they also explore what makes Catholic marriage unique above all other relationships.

This webinar will enable parish ministers and married couples to discover effective ways of communicating the value of Catholic marriage to engaged and dating couples. Participants will be able to share concrete examples of the benefits of entering into an authentic, Christian marriage rooted in a free, total, faithful, and fruitful love. You can order *Just Married: The Catholic Guide to Surviving and Thriving in the First Five Years of Marriage* from the NCCL Amazon Bookstore.

SADLIER & the NCCL Adult Faith Formation Committee: FREE Webinar



THE BAPTISMAL CATECHUMENAL MODEL
What it is, What it is not, Why it is important.

Co-Sponsored by Sadlier and the ADULT FAITH FORMATION COMMITTEE of the National Conference for Catechetical Leadership



Presenter: Ximena DeBroeck, M.A.

Coordinator of Adult and Sacramental Formation

Department of Evangelization, Archdiocese of Baltimore



The *General Directory for Catechesis* (#59) calls the baptismal catechumenal the "model for all catechesis." What pastoral significance does this have for the catechesis of adults within parishes and dioceses? Join Ximena DeBroeck on this informative webinar to learn about the history of the baptismal catechumenate and how this model can inform and transform your adult faith formation efforts.

In **ENGLISH**

Thursday, October 24, 2013, 1:00 p.m. EDT https://www3.gotomeeting.com/register/574125414

In SPANISH

Thursday, October 24, 2013, 7:00 p.m. EDT https://www3.gotomeeting.com/register/585138374

El *Directorio General para la Catequesis* (#59) afirma que el catecumenado bautismal, debe ser "el modelo de toda catequesis." Cuál sería el impacto pastoral de este modelo para la catequesis de adultos tanto a nivel parroquial como diocesano? Acompañe a Ximena DeBroeck durante este webinar informativo para aprender la historia de catecumenado bautismal y como este modelo puede transformar la formación en la fe para adultos.

FREE Professional Development Webinar – Tuesday, October 29, 2013



Ave Maria Press, in partnership with the National Conference for Catechetical Leadership, the National Association for Lay Ministry, and National Federation of Priests' Councils presents a series of free, online workshops on professional development for

parish ministers. This webinar is offered on Tuesday, October 29 at 3:00 pm EDT. You can register at PDW-10-29-2013. For a complete listing of professional development webinars in this series, please visit www.avemariapress.com/webinars.



Rebuilding Parishioners: Moving from Consumers to Contributors

Presented by Tom Corcoran, Co-author of <u>Rebuilt</u> Tuesday, October 29, 2013 3:00 PM - 4:00 PM EDT

Jesus established the Church to be a movement, yet so many of our parishes have become static institutions. Some of our members come to meet an obligation or to set a good example for their kids. Others come to be consumers.



If the Church is to be a movement, it means that individuals have to move. In this webinar, Tom Corcoran, co-author of the best-selling book <u>Rebuilt</u>, will look at six practical strategies that will help the members of your parish transition from consumers to contributors. You can order <u>Rebuilt: Awakening the Faithful, Reaching the Lost, and Making Church Matter</u> from the NCCL Bookstore. Tom will be part of the Capstone talk at the 2014 NCCL Conference and Exposition

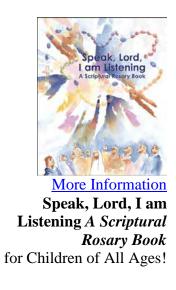
and he will be one of the presenters in the Post Conference.

Suffering Servant Scriptorium: The Most A-Mazing Rosary Adventure



From October 7, Feast of the Most Holy Rosary through November 1, Feast of All Saints, each weekday a **free download** featuring the Mysteries of the Most Holy Rosary will be available. This is an excellent way to have students start work as soon as they enter the room. An ideal way to have them focus while settling in for an encounter with Christ in their faith formation program/religious education class.





• These projects are free and reproducible

(Please preserve the copyright notice on each sheet).

The Joyful Mysteries			
The Annunciation	Level 1	Level 2	Level 3
The Visitation	Level 1	Level 2	Level 3
The Nativity	Level 1	Level 2	Level 3
The Presentation of Jesus in the Temple	Level 1	Level 2	Level 3
The Finding of Jesus in the Temple	Level 1	Level 2	Level 3
The Luminous Mysteries			
The Baptism of Jesus	Level 1	Level 2	Level 3
The Wedding at Cana	Level 1	Level 2	Level 3
The Proclamation of the Kingdom	Level 1	Level 2	Level 3
The Transfiguration	Level 1	Level 2	Level 3
The Institution of the Eucharist	Level 1	Level 2	Level 3
The Sorrowful Mysteries			

The Agony in the Garden	Available Oct 21	
The Scourging at the Pillar	Available Oct 22	
The Crowning of Thorns	Available Oct 23	
The Carrying of the Cross	Available Oct 24	
The Crucifixion	Available Oct 25	
The Glorious Mysteries		
The Resurrection	Available Oct 28	
The Ascension	Available Oct 29	
The Descent of the Holy Spirit	Available Oct 30	
The Assumption of the Blessed Virgin Mary into Heaven	Available Oct 31	
The Coronation of Mary, Queen of Heaven and Earth	Available Nov 1	

More than a third of U.S. parishes multicultural, notes CARA study



The percentage of multicultural parishes in the U.S is on the increase, according research by the Georgetown University-based Center for Applied Research in the Apostolate (CARA). CARA located parishes that self-identify as serving or are known to serve racial, ethnic, cultural, and/or linguistic groups in the nation to create the first comprehensive listing and mapping of multicultural parishes.

- Membership of Hispanics in Church growing, at 38 percent
- Non-Hispanic whites still majority at 54 percent of national Catholic population
- Five percent Asian or Pacific Islander

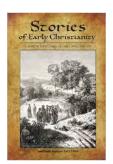
This research was commissioned by the Secretariat of Cultural Diversity in the Church of the U.S. Conference of Catholic Bishop (USCCB). The study can be found at <u>Cultural Diversity</u>. CARA estimates there are approximately 6,700 multicultural parishes in the United States, many located in the South and West. *The Official Catholic Directory* lists more than 17,400 parishes in the country. In a second phase of this study, CARA will conduct in-pew surveys of parishioners in a national random sample of these parishes.

CARA's research on multicultural parishes has found these to be, on average, larger than parishes in general. Multicultural parishes average 1,445 registered households, compared to 1,168 for parishes in general. Overall, about three in ten U.S. parishes (29 percent or 5,000) celebrate at least one Mass a month in a language other than English or Latin.

Nationally, CARA estimates that:

- Approximately 42.5 million U.S. residents who self-identify as non-Hispanic white are Catholic, which represents 22 percent of people in the nation of this race and ethnicity.
- Some 29.7 million U.S. residents who self-identify as Hispanic or Latino are estimated to be Catholic, representing about 59 percent of the 50.5 million people of this race and ethnicity in the country.
- Approximately 3.6 million U.S. residents who self-identify as Asian, Native Hawaiian, or Pacific Islander are estimated to be Catholic, representing about 20 percent of this race and ethnicity in this country.
- Approximately 2.9 million U.S. residents who self-identify as black, African American, African or Afro-Caribbean are estimated to be Catholic, representing about 8 percent of the 38.9 million people of this race and ethnicity in the U.S.
- Some 535,500 U.S. residents who self-identify as American Indian or Alaskan Native are estimated to be Catholic, representing about 18 percent of the 2.9 million people of this race and ethnicity in this country.

Stories of Early Christianity: Creative Retellings of Faith and History



Rev Donald Senior, CP *writes* "While every Christian knows about such giants as Peter and Paul, Rev. vanThanh Nguyen turns the spotlight on the other memorable but often neglected characters found in the Acts of the Apostles and Paul's writings. Their profound faith and exemplary witness brought the Gospel to the world." One reviewer noted that "Fr vanThanh also offers a reflective component, giving readers the chance to think about the Christian virtues that each of the characters in his book embody. Written in an engaging, accessible style, it would be suitable for individuals or for Bible discussion groups." You can order

<u>Stories of Early Christianity: Creative Retellings of Faith and History</u> from the NCCL Amazon Bookstore.

How to Help Students Who Have Been Bullied



In recognition of *National Bullying Prevention month*, the SEARCH Institute wanted to share some highlights from Dr. Meehan's book that you can use in your work with young people.

If you work in a youth program, you may have wondered what you can do right now to help a child who has been bullied. Dr. Meehan recommends specific actions, including the following:

- Offer support in private to the child who has been bullied. Children often worry about "losing face" if adults rescue them in a public manner.
- Ask the student for the facts about the bullying behavior and assure the child that the conversation will be confidential. Keep in mind that the student may find it difficult to talk about the facts.
- Back up the student's experience by talking to others who know the student. These people may be other students and adults who work in your building.
- Reassure the student that the bullying behavior is not his or her fault.
- Let the student know that you are there to support him or her. Emphasize that the student is being brave to share the facts.
- Find out what will help the student feel safe, then help the student develop an action plan.
- Communicate the details of the action plan to other staff members.
- Involve the student's parents or guardians and offer them concrete ways to be supportive.

<u>The Right to Be Safe: Putting an End to Bullying Behavior</u>, which can be purchased through the NCCL Amazon Bookstore by clicking on the title, also debunks many of the common myths about students who bully, including

- **Myth:** Children who bully are loners. **Fact:** Children who bully often have large groups of friends.
- **Myth:** Children bully because they want attention. **Fact:** Power and control are primary motivators for students who bully.
- **Myth:** Children who bully have low self-esteem. **Fact:** These students are skilled at manipulating social relationships.
- **Myth:** Bullying is just kids being kids. **Fact:** Abusing other people is not normal. Research shows that 60 percent of kids who bully others have at least one criminal conviction by the time they are 24 years old.
- **Myth:** Only boys bully. **Fact:** Girls are just as likely to bully their peers. Girls are more likely to engage in relational bullying.



Young Boys Help Give a Special Needs Student Hope on the Field and in Life



Keith Orr is a special little boy... and one of the most unique players on the Olivet football team. He a 95-pound boy with behavioral and learning disabilities. But he also has a huge group of great friends who always have his back.

During an important game, a student named Sheridan Hedrick was in the clear. He was running towards the end zone without any defenders in sight. Then, he slid to the

ground, making the crowd groan. He had a very special plan. "I was going as fast as I could and then I saw the one-yard line," Hedrick said. "And I was like, 'I've gotta get this for Keith' and I downed it for him."

Keith had a play of his own called the "Keith Special." His teammates came up with it and desperately wanted to see him play. He had a heart of gold and more spirit than the whole team put together. "He always tries his hardest and everything so we thought it would be cool to do something and have him get a touchdown," said Hendrick. To read the rest of the story, go to *Keith Special*.

Fr. Barron comments on *Gravity* (spoiler alert)



- Another part of a video series from Wordonfire.org. Father Barron will be commenting on subjects from modern day culture. Here he addresses the movie *Gravity*.
 - Watch the <u>Gravity Trailer</u>. For more





A Pro-life Video Asks an Incredible Question - When is a Smile Worth Less?



In this modern world, many people have made choices to end a life when the decision really wasn't up to them. When is a smile worth less? Does a child's smile not count just because they are in the womb? Watch this one minute video at *Pro-Life*.