



Check It Out

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February 2014

A Season of Lent

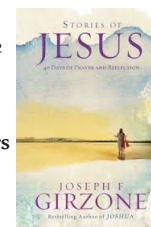


[Working Toward Sainthood: Daily Reflections for Lent](#) (Book) Camille, Alice, 23rd Publications, 2013. We are all saints in progress, says the great spiritual writer Alice Camille. And Lent is the perfect time to let the saint inside each of us "come out and get some exercise." These daily meditations on the readings of the Mass invite us to immerse ourselves in the season by getting in touch with the saints within. Camille assures us that despite (or maybe because of) our imperfections, we can be saints and superheroes. "They may not know us by our capes," she says. "But they will know us by our love." A shining, wondrous book, full of wisdom for Lent and beyond. (S,A)

[Through Lent & Easter Sunday: With the Gospels of Matthew and John : Cycle A Readings](#) (DVD) Oblate Media & Communications, 2013. Journey through Lent and Easter with the Sunday readings, featuring the Gospels of Matthew and John. These deeply meaningful scriptures help place us in the presence of Christ and his message for us today. The readings for Cycle A include the scrutinies for use with RCIA groups, which can be used annually. Opportunities abound for small discussion groups, personal reflection and religious education. (S,A)

Lent Begins March 5th-Ash Wednesday

[Stories of Jesus: 40 Days of Prayer and Reflection](#) (Book) Girzone, Joseph F.; Franciscan Media, 2013. Provides a portrait of Our Lord in a day-by-day reflection format, based on the Gospel accounts of his life and teachings. Through these reflections, Girzone introduces Jesus and his adult ministry—from his baptism by John the Baptist through his public life and work, to his death and resurrection—pausing along the way to focus on the important people and events of Jesus' world. Each day opens with a passage from one of the Gospels, followed by an imaginative retelling of the story found in the scriptural text, and a brief prayer at the end. The forty-day format allows readers to use this book for Lent, or at other times of year to provide a retreat with Jesus. (S,A)



Threshold Bible Study for the 40 Days of Lent

[People of the Passion](#) Suffering seems to bring out the best and worst in our human nature. Some people are overcome with hopelessness that leads to despair; others are filled with courage that leads to heroism. The people of the passion in this book are the characters who participated in some way in the suffering and death of Jesus: Peter, Pilate, Mary Magdalene, Simon of Cyrene, the daughters of Jerusalem, and the woman who anointed Jesus. (A)

[The Tragic & Triumphant Cross](#) The cross is both the world's most contemptible instrument of punishment and the symbol of humanity's greatest hope. In turning this tool of torture into his followers' proudest boast, Jesus produced the most dramatic reversal the world has ever experienced. (A)

[Jesus, the Messianic King: Matthew \(1-16\)](#) Matthew's gospel presents Jesus as Israel's royal Messiah, inaugurating God's kingdom in the world. It was written to help Jewish Christians understand that their faith in Jesus was entirely consistent with the faith of ancient Israel. With frequent quotations and allusions from the Old Testament, Matthew demonstrates how Jesus is both Son of David and Son of God. This study will help you understand the scope of this gospel, the clear advice it offers for the church, and its personal implications for the lives of disciples today. (A)

[The Resurrection and the Life](#) What exactly did happen on Easter morning? Why did it impel the disciples to begin a journey which would transform the world? What does this mean to us, here where we live today? This book will help you understand what the Scriptures teach us about our own resurrection and how that hope gives purpose to everything we do. (A)

[Pilgrimage in the Footsteps of Jesus](#) Because Jesus entered our world in the human condition, our faith has deep roots in the physical places where he was born, walked and talked, laughed and wept, suffered, died, and rose again. Though a bodily pilgrimage may not be possible for many, this imaginative pilgrimage unites these hallowed places with the sacred texts associated with the life of Jesus. (A)

[Jesus, the Messianic King: Matthew \(17-28\)](#) The second half of Matthew's Gospel moves from the Transfiguration to the Resurrection, announcing Jesus as the world's true King. The life, death, and resurrection of Jesus bring the hopes of ancient Israel to their dramatic climax, linking Jesus' royal character to his humble service and self-sacrificing love. This study completes the unique portrait of Jesus developed in the first half of Matthew's Gospel and offers firm guidance for the Church and disciples today. (A)

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Here are two great short videos on [Ash Wednesday & Lent](#) and [Holy Week](#) from Busted Halo



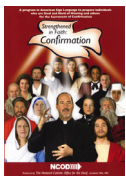
[Living the Eucharist](#) is a new, parish-based program designed to help revitalize parish life and spirituality through a more profound experience of Sunday Mass. It helps the entire parish—adults, teens, and families—grow in their Catholic faith and live more fully as disciples of Jesus

New Resources

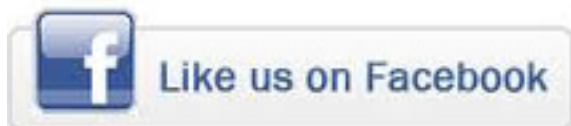
[Under the Influence of Jesus: The Transforming Experience of Encountering Christ](#) (Book) Paprocki, Joe, 2014. Many Catholics feel catechized but not “evangelized”, meaning they know about Jesus but do not feel they know him personally. The bridge between where we are and where we want to be in our faith journey can be confusing without the right guidance. Author Joe Paprocki explains complex spiritual concepts with engaging discussion so that “everyday” Catholics can integrate and articulate their faith and live the Gospel in a way that is simple, compelling, contemporary, liberating, and life-changing. (A)

[Making Crosses: A Creative Connection to God](#) (Book) Prewitt, Ellen Morris, Paraclete Press, 2009. Discover how this spiritual practice-making crosses-can deepen a life lived for Christ. The practice of making a cross takes you beyond analytic thinking, and offers a way of prayer where understanding comes from doing. Working with the most complex symbol of Christianity-the cross-the pray-er learns to co-create with God in concrete and tangible ways, and discovers the meaning of faith. (J,S,A)

[Jesus and Mary: In Praise of their Glorious Names](#) (Book) Groeschel, Benedict J., Our Sunday Visitor Pub., 2012. This book will enlarge and deepen your knowledge of, and appreciation for, Jesus and Mary by exploring a selection of the many and varied names and titles attributed to them. Fr. Groeschel selected 25 names/titles of Jesus and 25 of Mary, alternating 2 page reflections of each with a special, comprehensive introduction of both at the beginning of the book. Selections include either a brief quote from Scripture or a quote from a saint or spiritual writer. Each reflection concludes with a short prayer. (A)



[Strengthened in Faith: Confirmation](#) (DVD) National Catholic Office for the Deaf, 2013. Inspire and engage parishioners preparing for Confirmation with this comprehensive study program from the National Catholic Office for the Deaf and Our Sunday Visitor. The 12 video lessons in this 3-DVD set bring the Sacrament of Confirmation to life, as Mary, St. Peter, and the saints walk the Confirmands through the Sacrament and show them how to put their faith into action. Designed for the deaf or hard of hearing, and appropriate for teens or adults. This program can also be used for the Rite of Christian Initiation for Adults. This course can also help hearing individuals who benefit from a more visual style of learning. Spoken and captioned in English. (S,A)

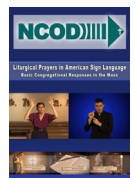


[The Simple Wisdom of Pope Francis: Hold on to Hope](#) (Book) United States Conference of Catholic Bishops, 2013. Pope Francis has captured the attention of the world with his simple ways, humbleness, and love for the poor and sick. With the Simple Wisdom of Pope Francis, be transported to St. Peter's Square and listen to his teachings as he presents simple and profound insights for our modern times. (A)

[The Simple Wisdom of Pope Francis: The Joy of Evangelization](#) (Book) United States Conference of Catholic Bishops, 2013. Pope Francis has captured the attention of the world with his simple ways, humbleness, and love for the poor and sick. With the Simple Wisdom of Pope Francis, be transported to St. Peter's Square and listen to his teachings as he presents simple and profound insights for our modern times. (A)

[The Heart of Catholic Prayer: Opening the Our Father and the Hail Mary](#) (Book) Shea, Mark P., Our Sunday Visitor Pub., 2012. To learn and understand the Our Father and Hail Mary is to learn the deepest contours of the Church's interior life, for both are prayers that come from the Holy Spirit, who is the soul of the Church. Dissects the two anchors of our faith line by line in a journey into the Church's deep tradition of prayer, drawing us more deeply into the heart of the mystery of God's love. It's no coincidence the Our Father and the Hail Mary are closely intertwined in the heart of the Church. (A)

[Meeting Jesus Christ: Meditations on the Word](#) (Book) Bransfield, J. Brian, 2013. In this spiritual companion, readers are invited to personally encounter Jesus Christ. Highlighting the new in the familiar, twenty-one Scriptural meditations on different Gospel accounts unlock unique perspectives on the mysteries of Jesus's life. (A)



[Liturgical Prayers in American Sign Language: Basic Congregational Responses in the Mass](#) (DVD) National Catholic Office for the Deaf, 2013. Enrich your knowledge and deepen your appreciation of the prayers of the Liturgy through this comprehensive video in American Sign Language. Experts in Liturgy and linguistics gathered to develop this resource, which includes The Lord's Prayer, The Lamb of God and the Gloria among others. The DVD is filmed in American Sign Language (ASL) with voice interpretation and English subtitles. (S,A)

Annual Faith Formation Luncheon

Thursday, February 13, 2014

Archbishop Brunett Retreat and Faith Formation
Center at the Palisades

Opening the Doors of Evangelization

Carole Eipers, D.Min

RSVP to ocff@seattlearch.org or 206-382-4096

LEVEL: **P** (Primary Grades K-3) **I** (Intermediate Grades 4-6) **J** (Junior High Grades 7-8) **S** (Secondary Grades 9-12) **A** (Adult)