

Dear Catechetical Colleagues,

As we journey deeper into our Lenten season, I hope you are finding time for reflection and renewal. I also would like to remind you about our upcoming catechetical presentation with **Deacon Larry Sutton on Friday, April 4th and the Mass for Families with Special Needs on Saturday, April 5th.**

CYO camps are now taking registrations for their summer programs. There are several new features for the camps, so I hope you can encourage your students to sign-up! (www.seattlearchdiocese.org/OYYAE/Camping/about.aspx)

As you know, the **Canonizations of Pope John XXIII and Pope John Paul II** will be happening in the near future. If you would like to follow the process, the Vatican just released a **digital platform** and other social media links.

Bishop Elizondo's work on the USCCB Committee on Migration is a featured item in this week's newsletter. USCCB also just released a PowerPoint presentation on **Sacraments and Social Mission** using quotes from Pope Francis. So, please take the time to review the attached articles and webinar opportunities!

In Christ,

Anne

Anne Frederick, Ed.D.
Director of Religious Education / Parish and School Faith Formation

HOW TO **Welcome, Include, AND Catechize** Children with Autism and other Special Needs

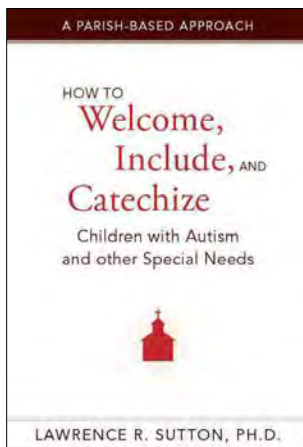
Presenter: Deacon Lawrence R. Sutton, Ph.D.

Date: Friday, April 4, 2014

Time: 9:30 am – 3:00 pm

Location: Isaac Orr Conference Center (910 Marion Bldg)

Cost: Provided by *Loyola Press*; lunch included



In his book, Deacon Larry, a nationally recognized expert in the field of autism, provides the insights needed to build an effective faith formation program for all children. By sharing stories of success and inspiration that affect everyone – pastor, parent, student, teenager, and catechist – he delivers the unexpected: that catechizing children with special needs actually nurtures the faith of the entire parish. By the end of this workshop, participants will have an effective guide to offer religious education programs across cognitive, physical and developmental levels.

RSVP to ocff@seattlearch.org or 206-382-4096
Unable to attend in person? Join via **LIVE WEBINAR**. Call for details.

Archdiocese
of Seattle

Please join us



Mass for the Special Needs Community

*"All persons with disabilities
have the capacity to proclaim
the Gospel and to be living
witnesses to its truth within
the community of faith and
offer valuable gifts. Their
involvement enriches every
aspect of Church life."*

*United States Conference of
Catholic Bishops, 2005*

Archbishop J. Peter Sartain invites us all to celebrate a
Mass for our special needs community, including
families, friends and our faith communities.

Saturday - April 5, 2014
11:00am
St. James Cathedral – Seattle

Reception to follow in the Isaac Orr Conference Center

For more information, please contact:
Erica Cohen Moore – (206) 382-4852 – ericac@seattlearch.org

PREPARING FOR THE CANONIZATION OF JOHN XXIII AND JOHN PAUL II



Vatican City, 31 March 2014 (VIS) - This morning a press conference was held in the Holy See Press Office to present the initiatives forming part of the preparations for the canonizations of Blessed John XXIII and John Paul II, to be celebrated on 27 April. The speakers were Cardinal Agostino Vallini, vicar of His Holiness for the diocese of Rome, along with Msgr. Giulio Dellavite, secretary general for the Curia of Bergamo, Msgr. Walter Inzero, head of the Office for Social Communications for the Vicariate of Rome, and Fr. Federico Lombardi S.J., director of the Holy See Press Office.

The initiatives will include a digital platform, the aim of which is to enable the faithful and pilgrims to have access to news and information regarding the ceremonies as well as a series of spiritual reflections on the life and teachings of both popes. Indeed, the official site www.2papisanti.org is an almost-completed portal which offers contacts, sections for press offices, information, videos and images as well as biographical documentation on John XXIII and John Paul II. It will be available in five languages: Italian, English, French, Spanish and Polish.

The application entitled "Santo Subito"™, which may be downloaded free in both Android and IOS formats (in Italian, English, Spanish and Polish) and whose title draws on the famed saintliness of both Popes even during their lifetimes, will offer logistical information, as well as access to the main news on the canonisations, and will allow material relating to the various liturgical events to be downloaded.

Existing media include:

Official page of the Postulation with content in five languages:

<https://www.facebook.com/PapaGiovanniPaoloII>

Official Twitter page with content in five languages:

<https://twitter.com/santowojtyla>

YouTube channel for the Postulation:

<https://www.youtube.com/user/adminkarol>

Portal: www.karol-wojtyla.org

This letter, developed in 2011 for the beatification of Karol Wojtyła, gives a detailed illustration of the stages in the canonical process leading to the recognition of the saintliness of John Paul II and is available in several languages: Italian, English, French, Spanish, Portuguese, Polish and Romanian.

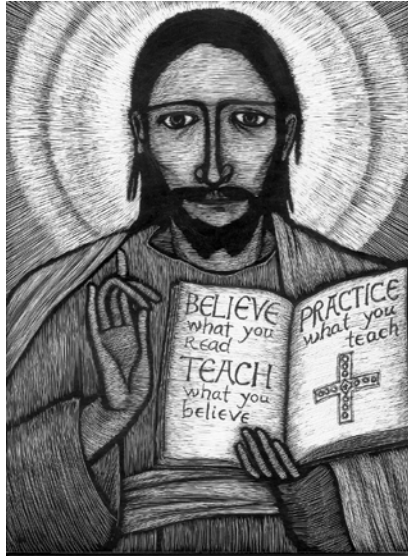
The parallel project #2popesaints, realized in collaboration with the students of communication sciences from the Roman university LUMSA involves a series of networks enabling young people to get to know the lives, teachings and testimony of faith of the two new saints. There will be a Facebook page entitled 2popesaints; on Twitter, the account @2popesaints; on Instagram, #2popesaints; and on YouTube, 2popesaints. Every day each one of the above will propose a theme relating to both popes in the media, starting from 16 April until the canonization, and each event will be transmitted live on each network.

On Google+ there will be the possibility of following in a "hangout" the daily briefings during the week leading up to the canonization. A QR code will also be created to allow rapid access to the site 2popesaints.org. The initiative "Rome connecting to the World", a form of "twinning" between the faithful arriving in Rome and the young people of the city, will make it possible to get to know the most important locations in Rome along with the history of John XXIII and John Paul II, providing information on the Facebook page.

In the diocese of Rome, on 22 April in the Basilica of St. John Lateran, Cardinal Agostino Vallini will preside at a meeting addressing young people, with the postulators for the causes of both saints: Msgr. Slavomir Oder (John Paul II) and Fr. Giovangiuseppe Califano (John XXIII). On 26 April, starting at 9 p.m., there will be a "White night of prayer" and the churches throughout the centre of Rome will remain open for prayer and confession in various languages.

Similarly, the diocese of Bergamo will pay homage to XIII with the initiative "Le Opere Segno", a series of activities dedicated to charity, human development and solidarity which affect daily lives. They include an aid project for Haiti to guarantee three years' education in the John XXIII school; an invitation to priests to contribute a month's salary and all the alms collected by the parish communities on 27 April to a fund set up in aid of families afflicted by the economic crisis; and the commemoration, on 12 April, of the publication of the encyclical "Pacem in Terris", to be attended by ambassadors representing the countries where Angelo Roncalli carried out his diplomatic mission as an apostolic nuncio (Bulgaria, Turkey, Greek and France), and which will be presented by Jacques Delors, former president of the European Commission.

FOUNDATIONS OF OUR CATHOLIC FAITH CATECHIST CERTIFICATION PROGRAM



ADULT FAITH FORMATION

- ✚ Advent
- ✚ Lent
- ✚ Retreats

CATECHIST CERTIFICATION

- ✚ Faith Formation for Parish Staff
- ✚ For Competent, Confident, and **Capable** Catechists
 - Certify at least one per grade level
 - Identify & Prepare Next Year's Catechist
- ✚ RCIA team
 - Identify & Prepare Next Year's Team

SCHEDULE AND REGISTRATION at www.seattlearchdiocese.org/ccp

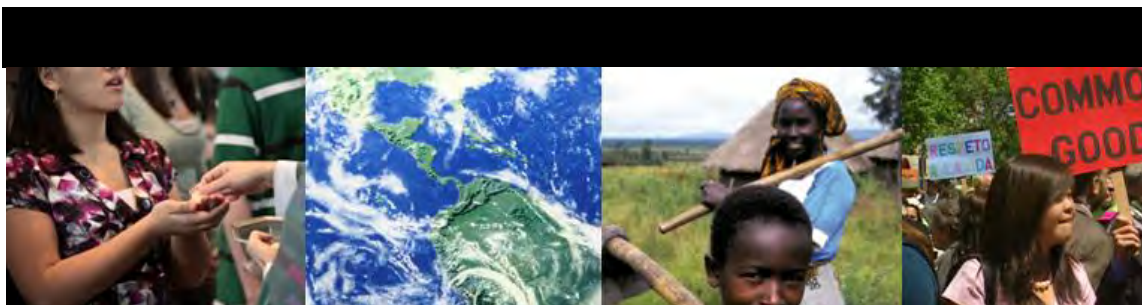
Liturgy Office Workshops:

<http://www.seattlearchdiocese.org/Liturgy/workshops.aspx>



Department of Justice, Peace & Human Development

Now Available! Sacraments and Social Mission PowerPoint Featuring Pope Francis Quotes



March 13, 2014

Quick Links

[JPHD Homepage](#)

[CCHD Homepage](#)

[USCCB Homepage](#)



[Join Our Mailing List!](#)

Follow us on Twitter

CCHD Director

[@RalphMcCloud23](#)

Education & Outreach
Director

Dear colleagues,

A new PowerPoint presentation/template is now available to help Catholics respond to Pope Francis' call to be a "Church which 'goes forth'" -- a "community of missionary disciples" in the world. [Download the PowerPoint now.](#)

Modeled on the popular resource booklet and handouts on *Sacraments and Social Mission: Living the Gospel, Being Disciples*, this PowerPoint connects celebration of the sacraments with our social mission as followers of Jesus and members of the Body of Christ.

Resources available include:

- ***Sacraments and Social Mission: Living the Gospel, Being Disciples***: [English](#) and [Spanish](#)
- **Electronic, printable handouts** on Baptism, Eucharist, Confirmation, Marriage, Holy Orders, Penance, and Anointing of the Sick: [English](#) and [Spanish](#)
- **PowerPoint presentation/template for use with above materials**. The PowerPoint features a variety of Pope Francis quotes to supplement and enrich your presentation of the content. Currently available in [English](#) only, but may

@SusanSullivan23

International Director

@SteveColecchi

Environmental Justice

@CeciliaVCalvo

JPHD Communications

@DylanCorbett23

CCHD

@EndPovertyUSA

be translated in response to interest/need.

These materials are perfect for use during the RCIA process, in sacramental preparation, or as part of other efforts to form Catholics as members of a "Church which 'goes forth'." [Access the new PowerPoint here!](#)

Sincerely,

Susan Stevenot Sullivan

Director, Education and Outreach

United States Conference of Catholic Bishops

3211 4th St. NE

Washington, DC 20017

Department of Justice, Peace & Human Development | US Conference of Catholic Bishops
3211 4th St. NE, Washington, DC 20017-1194
(202) 541-3191 | JPHDmail@usccb.org | www.usccb.org/jphd



Just a reminder that you're receiving this email because you have expressed an interest in the USCCB Department of Justice, Peace & Human Development.

Don't forget to add jphd-usccb@usccb.org to your address book so we'll be sure to land in your inbox!

Become a Shepherd: Stop Human Trafficking and Exploitation



As Catholics we are called to find ways that each of us can work with our dioceses and communities to address the evil of modern day slavery. One way in which you can do this is to...

Learn More

Visit www.usccb.org/stopslavery to learn more about human trafficking.

Pray

Lead a gathering or pray on your own for victims of this crime, the law enforcement and justice professionals working to stop it, and the social service organizations helping survivors. Reflect on their experiences, pray for their emotional, physical, and spiritual healing, and make a personal commitment to combating this evil.



St. Josephine Bakhita was a slave who became a Catholic saint. The prayer card created in her name can be used by you to reflect on the millions of people still caught in a state of slavery today. To learn more about her and to access the prayer, please click [here](#).

Host a workshop and tell others

Catholics can help by educating fellow Catholics and others about the human consequences of this crime. Parishes can serve as a meeting place to discuss this issue and as a center for action to help survivors and those at-risk. It is especially important to inform people in a position to encounter victims and those who may be at risk of being exploited. You can watch a film with a group or lead a discussion session.

Email MRSShepherd@usccb.org to request the SHEPHERD toolkit guide to help you get started.

Be an ethical consumer and employer

Find out how your actions can contribute to or reduce the demand for human trafficking. Websites like www.ecpatusa.org. . . and www.slaveryfootprint.org. . . can be good places to start.



Report trafficking if you suspect it



Visit www.usccb.org/stopslavery to learn more about how to identify a potential victim and what you can do to help. You can report tips on potential cases of human trafficking to the National Human Trafficking Hotline 1-888-373-7888.

Support the work of the USCCB

For more than a decade, USCCB's Anti-Trafficking Program has been a leader in the fight against human trafficking. We've helped more than 3,000 survivors and their family members begin the road to recovery and rebuild their lives. We've trained organizations in the U.S. and abroad on how to help victims. We partner with immigrant communities who are at-risk to help spread the word about human trafficking and learn how to protect their communities. We work with policymakers to draft, improve and evaluate laws on human trafficking. We are committed to advocating for the victims of this crime and seeking an end to modern day slavery.

Highlight Human Consequences of Broken Immigration System



The U.S. Conference of Catholic Bishops (USCCB) Committee on Migration, joined by bishops on the border, will travel to Nogales, Arizona, March 30-April 1 to tour the U.S.-Mexico border and celebrate Mass on behalf of the close to 6,000 migrants who have died in the U.S. desert since 1998. The purpose of the trip is to highlight the human suffering caused by a broken immigration system, an aspect of the national immigration debate which is often ignored.

“What we fail to remember in this debate is the human aspect of immigration — that immigration is primarily about human beings, not economic or social issues,” said Bishop Eusebio

Elizondo, auxiliary bishop of Seattle and chairman of the USCCB Committee on Migration. “Those who have died – and those deported each day – have the same value and innate God-given dignity as all persons, yet we ignore their suffering and their deaths.”

Catholics can join in prayer with the bishops who will visit the desert in Nogales in several ways:

- By following the Mass led by Cardinal Seán O'Malley of Boston and brother bishops in memory of the thousands of migrants who have lost their lives trying to cross the Arizona desert. The Mass will be live streamed. Supporters also might participate in a Mass or prayer service in their own communities. The Mass in Nogales will be celebrated at 9 a.m. (PT) /12 p.m. (ET).

- By advocating for immigration reform [sending an electronic postcard](#) to members of Congress. Or by using the toll free number: 1-855-589-5698 to “support a path to citizenship and oppose the SAFE Act.”



- By fasting in solidarity with migrants and immigrants. Fasting turns peoples' attention away from their own needs and allows them to open their hearts to the suffering of others.
- By spreading the word via social media, using the Twitter hashtag #BorderMass and following the latest developments on Facebook and Twitter.
- More resources for prayers and Masses, a link to the electronic postcards and the Mass on the Border live stream can be found at: www.justiceforimmigrants.org. More information on the event can be found at: www.usccb.org/about/migration-policy/mass-on-the-border.cfm

The Mass on the Border will be streamed live on April 1, at 9 a.m. (PT) /12 p.m. (ET). It can be followed on YouTube at: www.youtube.com/watch?v=CqY9GcA6lCA. Bishop Elizondo stated: "We exhibit our own indifference when we minimize or ignore this suffering and death, as if these people are not worth our attention. It degrades us as a nation."

Franciscan Monastery of the Holy Land



Every Good Friday, in every Catholic parish in the country, a special collection is taken up for the Franciscans of the Holy Land. Ever since the 14th century, the Franciscans have been assigned the task of caring for the holiest sites of Christianity in and around Israel—54 shrines and sanctuaries in total. The Franciscans have also created a monastery in Washington, DC where tourists can visit exact replicas of the most revered Holy Land sites. "We call it an oasis of peace, and it really is," says the monastery's Father James Gardiner. You can watch/listen/read the complete story at [Franciscan Monastery of the Holy Land](#).



Fourth Week of Lent



As Easter rapidly approaches, Father Jason Welle, OFM, encourages us to follow Jesus. The Gospel story this week about the man born blind reminds us that the season of Lent is not about focusing on our shortcomings, but instead focusing on God's glory. Let His light shine in you and through you. Listen to the reflection at [Fourth Sunday of Lent](#).

Grace in Disagreement: Brené Brown's Ten Guidelines for Engaged Feedback



In [*Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*](#), social researcher Brené Brown tells a story about an experience she had in graduate school that surprised her. Called to a meeting with a professor, she expected to be intimidated and rebuked. Instead, her teacher was an ally. She pulled up a chair, sat down beside her, and offered Brené Brown adjustments. It's not disagreement, but graceful disagreement that makes the world go round. And it is rediscovering that grace that Brené Brown articulates so well in

her guidelines for engaged feedback:

I know I am ready to give feedback when:

- I'm ready to sit next to you rather than across from you.
- I'm willing to put the problem in front of us rather than between us (or sliding it toward you).
- I'm ready to listen, ask questions, and accept that I may not fully understand the issue.
- I want to acknowledge what you do well instead of picking apart your mistakes.
- I recognize your strengths and how you can use them to address your challenges.
- I can hold you accountable without shaming or blaming you.
- I'm willing to own my part.
- I can genuinely thank you for your efforts rather than criticize you for your failings.
- I can talk about how resolving these challenges will lead to your growth and opportunity.
- I can model the vulnerability and openness that I expect to see from you.

It's when we grow older that we sometimes forget that offering and hearing feedback can be a place of mutuality and growth. Disharmony and discomfort can be grounds for transformation once grace and compassion are in the mix. What we need now more than ever is the capacity to both hear and speak honestly together. We need to seek not the hollow shells of half-ideas but the fullness of two thoughts, even when — especially if — they are in conflict. It is these antitheses, as Hegel wrote, that produce the most vibrant synthesis.

Families, Evangelization, and the Future of Catechesis – A FREE Webinar

This interactive discussion webinar is co-sponsored by Paulist Evangelization Ministries and the National Conference for Catechetical Leadership (NCCL). You are encouraged to participate in this webinar which features three members of the NCCL Evangelization Committee.

Families, Evangelization, and the Future of Catechesis

Tuesday, April 8 at 1:00 pm EDT

[Free webinar - Register here](#)

Discussion with:

- **John Roberto, LifelongFaith Associates**
- **Thomas Quinlan, Diocese of Joliet**
- **Fr. Frank DeSiano, CSP, Paulist Evangelization Ministries**

Join our special guests in a unique conversation. The panel will focus on trends in the evangelization and catechesis. The conversation will address the impacts for parishes and the future. Don't miss this opportunity to join this interactive discussion.

[Don't miss this webinar.](#)



Register
Today!



Pope Francis: Confession Is Not Condemnation, But Mercy

In a speech given to priests and seminarians attending a course on the Sacrament of Confession, Pope Francis spoke about the mercy of God, stating that it is the most important aspect of their ministry. “Confession is not a court of condemnation, but an experience of forgiveness and mercy.

Highlighting how the Apostolic Penitentiary is one of the oldest offices of the Church as well as the importance of having well-formed confessors, the Pope thanked participants for their “valuable service” and encouraged them “to take it forward with renewed commitment.” Pope Francis also pressed attendees to build upon their “experience gained and with skilful creativity, to always help the Church and confessors to better carry out the ministry of mercy, which is so important!”



Reflecting on the theme of mercy, the Pope pointed out that “the protagonist of the ministry of reconciliation is the Holy Spirit,” adding that “the forgiveness that the Sacrament confers is the new life sent by the Risen Lord by means of His Spirit: ‘Receive the Holy Spirit.’ Therefore, you are called to always be ‘men of the Holy Spirit,’ witnesses and heralds, joyful and strong, of the resurrection of the Lord.”

Explaining how this witness is “read on the face,” the pontiff explained that it is also “heard in the voice of the priest” who administers the sacrament with “faith and with ‘unction,’” and welcomes the penitents who come, rather than treating them “with the attitude of a judge.” Observing how “the heart of the priest is a heart that knows how to be moved, not by sentimentality or mere emotion, but to the ‘tender mercy’ of the Lord,” the Pope drew attention to the dual role of a confessor as both “doctor and judge,” adding that “we must never forget that as a doctor he is called to heal and as a judge, to absolve.”

In a second point, the pontiff noted that if the sacrament “transmits the new life of the Risen Lord and renews baptismal grace,” then the task of a priest “is to give it generously to others. A priest who does not attend to this part of his ministry, both in the amount of time spent and in the spiritual quality, is like a shepherd who does not take care of the sheep that were lost; he is like a father who forgets the lost son and neglects waiting for him.”

Reminding those in attendance how many persons often experience “difficulty” in “approaching the sacrament” for various reasons, the Pope expressed the necessity “to work hard on ourselves, on our humanity, never to be an obstacle but always to favor drawing near to mercy and forgiveness.” He also cautioned participants to guard against the two extremes “rigorism and laxism” in administering Confession, observing that “neither is good, because in reality they don’t take charge of the person of the penitent. Instead, mercy truly listens with the heart of God and wants to accompany the soul on the path of reconciliation.”

Support Smarter Sentencing Act



The Smarter Sentencing Act (S. 1410) is a “modest first step in reforming our nation’s broken sentencing policies,” said the chair of the U.S. bishops’ Committee on Domestic Justice and Human Development and the president of Catholic Charities USA in a March 27 letter to the U.S. Senate supporting the bill.

Archbishop Thomas G. Wenski of Miami and Father Larry Snyder called “one-size-fits-all” sentencing policies “inadequate in addressing the complexities of crime and community safety.” They urged the Senate to vote for the bill that, “though imperfect,” would expand options for judges handing down sentences for non-violent drug offenses and allow for reduced mandatory minimum sentences in certain circumstances.

“Rigid sentencing policies for non-violent offenses are costly, ineffective and can be detrimental to the good of persons, families, and communities,” wrote Archbishop Wenski and Father Snyder. “Prolonged incarceration often contributes to family instability and poverty. Those who finally leave incarceration face significant challenges upon reentering society, such as finding housing and stable employment, high rates of substance abuse, and physical and mental health challenges.”

They noted that the United States imprisons more people than any other nation and that the overall incarceration rate has increased 500 percent during the past 30 years. They also called the addition of three new categories of mandatory minimums in the amended bill “counterproductive.”

Archbishop Wenski and Father Snyder reiterated Catholic social teaching that the justice system should promote healing and restoration, rather than merely punishment, and echoed the words of Pope Francis that “God is in everyone’s life,” even those “destroyed by vices, drugs or anything else.”



“We continue to urge that instead of directing a vast amount of public resources to imprison more people and build more prisons and jails, the government should support effective programs aimed at crime prevention, rehabilitation, education efforts, substance abuse treatment, as well as programs of probation, parole and reintegration,” they wrote.

Full text of the letter is available online: www.usccb.org/issues-and-action/human-life-and-dignity/criminal-justice-restorative-justice/upload/letter-to-senate-from-usccb-and-catholic-charities-usa-on-smarter-sentencing-act-2014-03-27.pdf

FREE Professional Development Webinar—Tuesday, April 8, 3:00 pm EDT



Ave Maria Press, in partnership with the **National Conference for Catechetical Leadership**, the National Association for Lay Ministry, and National Federation of Priests' Councils presents a series of free, online workshops on professional development for parish ministers. This webinar, *The Secret to Teaching Adults in the RCIA* is offered on Tuesday, April 8 at 3:00 pm EDT. You can register at [PDW - 04-08-2014 \(http://tiny.cc/5ubgdx\)](http://tiny.cc/5ubgdx). For a complete listing of professional development webinars in this series, please visit www.avemariapress.com/webinars.

Professional Development
WEBINAR
SERIES



The Secret to Teaching Adults in the RCIA



Presented by: Nick Wagner, director and founder of TeamRCIA.com

Date: April 8, 2014

Time: 3:00 p.m. EDT

When you are leading a catechetical session, do you ever wonder if folks are really getting it? Will your teaching make any difference in their lives? How do you know if you are having any impact at all?

When it comes to teaching adults, we have to switch gears. Adults have distinct learning needs and learning styles.

In this webinar, Nick Wagner, director and founder of TeamRCIA.com, and editor of the NCCL magazine *Catechetical Leader*, will explore:

- Why using an adult-learning model is essential for catechumenate formation
- What adult learning looks like
- How to lead a catechetical session using adult learning methods
- What the impact of an adult learning process might be for your parish

SIGN UP!

Why Lent Makes People Happy (and Netflix Doesn't)



I found this article in *Greater Good* and I was surprised that it appeared over a year ago. It purports that new research suggests that cutting back on life's pleasures

helps us enjoy them significantly more. You can read the full article at [Greater Good](#). Here are a few excerpts.

While this is the first study to find that temporarily giving up something pleasurable may be good for our happiness, it builds on years of similar results. [One study](#) found that people enjoyed an episode of the old sitcom “Taxi” more if it included commercials than if it did not. In another [recent paper](#), people said they took greater enjoyment from positive experiences (sitting in a massage chair, listening to Japanese hip-hop) when those experiences were briefly interrupted.

As it turns out, people tend to get used to sources of joy and pleasure very quickly, soon taking them for granted. And when you have more of something pleasurable, it becomes easier to take it for granted, and harder to savor it. The result is a psychic numbing to the good things in life.

...Studies show that people (mistakenly) think that getting more of the things they value will make them happier. ...Indeed, so much of our everyday behavior is driven by the misconception that more is better. We celebrate our most important holidays by cooking twice as much food as we need, then scarfing it down.



All of this research points to a paradox of happiness: It's not tied to abundance but to recognizing and appreciating what we do have. Once we meet our basic needs, our lives become more satisfying if we can savor and be grateful for the good that's already around us, before we strive for more.

For Christians, the observance of Lent is supposed to be a period of repentance and self-denial, of course, a time to give up meat, chocolate, sex, and other indulgences as a way to atone for sins. But Quoidbach and Dunn's research suggests it may carry some other benefits: Temporarily denying themselves certain pleasures for 40 days may ultimately make people happier than consistently indulging in them. In other words, a religious ritual of renunciation might actually feel pretty good in the end.

At a time when science and religion are often seen as at odds with one another, it's encouraging to see them both validate a basic, counter-intuitive message: Sometimes we get a lot from giving stuff up.

The Pilgrim's Way: On the Camino de Santiago de Compostela



[The Pilgrim's Way](#) is a presentation Sr. Rose Pacatte gave at St. Margaret Mary Parish in Lower Burrell, PA (Greensburg Diocese about an hour from Pittsburgh) on March 22, 2014 during a weekend retreat using the 2012 film "[The Way](#)" starring Martin Sheen and directed by his son Emilio Estevez. This presentation was given to the parish at large on a Saturday evening as part of the parish's



intergenerational catechesis program - for the adults and older teens while Sr Jennifer spoke to the junior high kids and Joan Duncan and catechists gave a pilgrimage presentation to K-4.



The plan was to give those not participating in the "Lenten pilgrimage" retreat to get a taste of what we were doing and perhaps entice people to consider making a pilgrimage to the Holy Land, a Marian shrine, Rome, or even a local shrine or the Cathedral.

The idea was to introduce and deepen the delights of the pilgrimage, inner and outer. You can check out the slide show, [*The Pilgrim's Way*](#), as Sr. Rose posted it on SlideShare.

Being More Than Being Useful



In our busy lives, a reminder from Parker Palmer that what matters most is not our ability to produce but our ability to love, and to just be. With a poem by Lynn Ungar. You can read others' reflections at [*Parker Palmer*](#).

I work hard at what I do, and I bet you do too. So maybe you need the same reminder I do: while my work is important, it is *not* a measure of my value or worth. Who we "be" is far more important than what we do or how well we do it. That's why we're called human beings, not human doings!

We pay a terrible price if we value our doing over our being. When we have to stop "doing" — e.g., because of job loss, illness, accident, or the diminishments that can come with age — we lose our sense of worthiness.

"Camas Lillies" reminds me to value "being" more than I value "being useful" — so that even when I'm forced to lay down my work, I can retain my sense of personal worth. Put simply and plainly, I can still love myself. That's a gift many people need. If I can't give it to myself, how can I possibly give it to others?

I take my work seriously, and I'm sure you do, too. But at age 75, I'm trying to learn (or re-learn) that, in the end, what matters most is not my ability to "produce" but my ability to love...