

The Palisades Archdiocesan Retreat & Faith Formation Center

The Palisades Retreat Center

1/2 Price Meeting Space In a Room With a View!

1/2 off on one day space rental with the purchase of meals between now and January 1st. Free parking and a beautiful view of Puget Sound. Available for nonprofit groups only and for new events taking place between Sept 1 and December 31 2010.

Just a quick note regarding FOUR retreats coming soon. (One of them is FREE! – for a little labor on your part)



Retreats that are coming soon!

The Contemplative Journey:

An opportunity to grow in our understanding and practice of contemplative prayer for those who are experienced in Centering Prayer

August 27-29, 2010

The retreat will be primarily but not exclusively silent. It will include presentations; time for group and private contemplative/centering prayer; group sharing, discussion and reflections on contemplative living and celebrating the Eucharist together. The purpose of the retreat is to provide participants an opportunity to continue to grow in their understanding and practice of contemplative prayer. The presentations will draw from writings and material from St. Paul, St. John of the Cross, St. Therese of Avila, Thomas Merton, and Fr. Thomas Keating,

Have you enjoyed your stay at Palisades Retreat Center? Consider doing a review on



or



Please consider a donation to the ministries of Palisades or Far-A-Way Retreats

DONATE NOW

[Check out the Palisades photo gallery!](#)

Retreat Presenters: Sr. Joyce Cox, BVM and Mr. Pat Sursely

Register online by clicking ["here"](#)



[Spirituality & Mental Illness: Guide to the Journey](#)

[with Fr. Patrick Howell SJ](#)

One Day Retreat at Palisades

Sat., September 25 - 9:00 am – 3:00 pm

This retreat will invite participants to continue the journey of faith that often comes out of crisis, that taps down into our deepest desires, that evokes immense courage, and which ultimately leads us into the heart of Mystery. It will undertake a voyage of discovery. Drawing on themes from his book *Reducing the Storm to a Whisper: the Story of a Breakdown*, Father Howell will invite retreatants to a series of reflections and meditations about how God is working in their hearts even in the midst of crisis, turmoil, and the cry for healing and peace. This retreat experience will be held on Saturday Sept. 25 from 9:00 am – 3:00 pm.

Presenter: Fr. Patrick Howell SJ serves as Rector of the Jesuit Community at Seattle University. Since 1985 he has served in several positions at the university, most notably as Dean of the innovative School of Theology and Ministry and as a Pastoral Theologian. For many years Father Howell has contributed to pastoral outreach to people with mental illness and their families. Father Howell is well-known for his regular column on the Religion page of the Seattle Times.

Register online by clicking ["here"](#)



**The Regional Third Order Lay Carmelites
Organization is sponsoring a
Fall 2010 Lay Carmelite Retreat**



Calendar of Retreats

At The Palisades Retreat

[The Contemplative Journey:](#)

Aug 27-29 An opportunity to grow in our understanding and practice of contemplative prayer for those who are experienced in Centering Prayer

Nov 19-21 [Wisdom & Wonder in the Second Half of Life](#) - A Men & Women's Faith Sharing Retreat

Dec 3-5 [Advent 2010 Silent Preached Retreat](#) - A Silent Retreat for Men & Women

Dec 17-19 (19-21) [Women's Silent Advent Retreat](#) 3 day or 5 day Weekend [\$188] or 5 day [\$350] - your choice

Jan 21-23 [Lessons for Men from the Prodigal Son...](#) A Men's Faith Sharing Retreat

Jan 28-30 [Introduction to Contemplative Prayer Silent Retreat](#)

More Retreats Coming At The Palisades Retreat

**For a Registration Form Contact
Bud Lund OR Joyce Johnson**

- **RETREAT DIRECTOR:** Fr. Rudolf V. D'Souza OCD
- **WHO:** For OCDS and O. Carm. Members only (Only those who are in formation, have been received or professed may attend.).
- **WHEN:** October 8, 9, 10, 2010
- **WHERE:** The Palisades Archdiocesan Retreat & Faith Formation Center, 4700 SW Dash Point Road #100, Federal Way, WA 98023, phone # 1-206-748-7991.
- **COST:** \$198.00 for a single room and \$178.00 per person for double occupancy.
- To get started, send in a \$40.00 deposit to Bud Lund, 2811 S. Peabody, Port Angeles, Washington, 98362, phone #360-452-4614, e-mail: budlund1@msn.com

The Labyrinth at the Palisades



A Volunteer Opportunity!
Come spend a day of Retreat in
Prayer and Labor – “Ora et Labora”
Saturday Sept. 4, 2010 – 9:30-4:00

We will be laying the bricks for the labyrinth and would like to invite you to come and help carry bricks. We will have 15 pallets of bricks that need to be brought to the master builder who will place them in their assigned place. We hope to have as many people as possible come and assist in this task. The process will begin with morning prayer and coffee at 9:30 am (brick laying to begin at 10:00 am) and end when we have the bricks in place (or 4:00 pm whichever comes first.) Lunch will be provided. Cost for the day... Free will donation to the cost of

- Feb 4-6 [Finding God in All Things: A Women's Faith Sharing Retreat](#)
[Men & Women - Weekend Faith Sharing Retreat](#) on Feb 11-13 themes from William Shakespeare's *King Lear*
[A Married Couples Retreat](#) with presentations by Fr. Tom Vandenburg
Feb 25-26
Mar 4-6 [Entering Into the Paschal Mystery](#) - A Silent Lenten Preached Retreat for Men

[And More!](#)

[Visit our website to view a virtual tour of our property at Far-A-Way!](#)



Have you enjoyed your stay at Far-A-Way Retreat? Consider doing a review on



or



“Come to me, all you who labor and are burdened, and I will give you rest,”
Matt. 11:28

[Visit the webpage for the](#)

the Labyrinth.

Register online by clicking ["here"](#) and
for the "Price," mark "Scholarship"
Or Email [Pam McCauley](#) and let her know
that you are interested!

**If you Wish to make a donation for the Labyrinth
[Click Here](#)**

[Cottage at Far-A-Way](#)

**[Visit the Website for the
Cottage at Palisades](#)**

To be removed from future mailings, respond to this email and put "remove" in the subject. or click the
following link:

<http://www.seattlearchdiocese.org/Retreats/Palisades/emailalerts.aspx>

Deacon Dave Jones, Director

Palisades Retreat Center

Far-A-Way Retreat House

www.seattlearchdiocese.org/Palisades

www.seattlearchdiocese.org/FarAWay