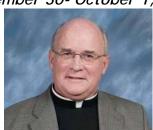


SABBATH: Finding Rest, Renewal and Delight in our Busy Lives

Principals' Retreat 2010 Silverdale Beach Hotel September 30- October 1, 2010



Retreat Leader: Fr. Pat Ritter, Pastor Sacred Heart Church, Bellevue

AGENDA (TENTATIVE)

Thursday, September 30, 2010

*Note: Please bring your copy of the book "Sabbath" that you received at the May 2010 Principals' Meeting

Time: Description: Place:

7:45 a.m. Buffet Breakfast Available Canal/Marine Room

9:00 a.m. Welcome, Prayer and Introductions

First Keynote Address:

Some of the Challenges which face Catholic School Principals Today

10:30 Break

11:00 a.m. Second Keynote Address:

Self Care (before you have to call 911)

Canal /Marine Room

Optional Time Explanation, Announcements, and Blessing before Lunch -

12:30 p.m. Buffet Lunch

1:30 p.m. Optional Time

Individual Meetings: with CSD, Fulcrum, OCFF, Assistant Supts., Technology staff

(1:30-3:00 p.m.) Sign-up Sheets at Registration Table

Hospitality Room Available

Free Time

Across from 3rd Floor by Elevator

4:00 p.m.	Third Talk: Contemplative Prayer (Going deeper into the meaning of your life: a lifeline)	
5:15	Break	
6:00	Social	Harbor Room
7:00 p.m.	Blessing/ Dinner	Canal Room

Friday, October 1, 2010

Time:	Description:	Place:
7:45	Continental Breakfast Available	Canal/Marine Room
9:00	Fourth Talk: The Sabbath Lifestyle (not just survival, but actually living life to the fulles	<i>t)</i>
10:30	Break	
	Concluding: Evaluations, Check-out, etc.	
11:00	Celebration of Mass ~ Most Rev. Joseph J. Tyson	Canal/Marine Room
11:45	Buffet Lunch	

Peaceful Departure

Bainbridge Ferry 1:10 (30 minute crossing) Bremerton Ferry 1:45 (60 minute crossing) FYI: