



SABBATH: Finding Rest, Renewal and Delight in our Busy Lives

*Principals' Retreat 2010
Silverdale Beach Hotel
September 30- October 1, 2010*



*Retreat Leader: Fr. Pat Ritter, Pastor
Sacred Heart Church, Bellevue*

AGENDA (TENTATIVE)

Thursday, September 30, 2010

**Note: Please bring your copy of the book "Sabbath" that you received at the May 2010 Principals' Meeting*

<i>Time:</i>	<i>Description:</i>	<i>Place:</i>
7:45 a.m.	Buffet Breakfast Available	Canal/Marine Room
9:00 a.m.	Welcome, Prayer and Introductions <i>First Keynote Address: Some of the Challenges which face Catholic School Principals Today</i>	
10:30	Break	
11:00 a.m.	<i>Second Keynote Address: Self Care (before you have to call 911)</i>	Canal /Marine Room
<i>Optional Time Explanation, Announcements, and Blessing before Lunch -</i>		
12:30 p.m.	Buffet Lunch	
1:30 p.m.	<i>Optional Time</i> <i>Individual Meetings:</i> with CSD, Fulcrum, OCFE, Assistant Supts., Technology staff (1:30-3:00 p.m.) <i>Sign-up Sheets at Registration Table</i> <i>Hospitality Room Available Free Time</i>	Across from 3 rd Floor by Elevator

4:00 p.m.	<i>Third Talk: Contemplative Prayer (Going deeper into the meaning of your life: a lifeline)</i>	
5:15	Break	
6:00	Social	Harbor Room
7:00 p.m.	Blessing/ Dinner	Canal Room

Friday, October 1, 2010

<i>Time:</i>	<i>Description:</i>	<i>Place:</i>
7:45	Continental Breakfast Available	Canal/Marine Room
9:00	<i>Fourth Talk: The Sabbath Lifestyle (not just survival, but actually living life to the fullest)</i>	
10:30	Break	
	Concluding : Evaluations, Check-out, etc.	
11:00	<i>Celebration of Mass ~ Most Rev. Joseph J. Tyson</i>	Canal/Marine Room
11:45	Buffet Lunch	

Peaceful Departure

FYI: Bainbridge Ferry 1:10 (30 minute crossing)
 Bremerton Ferry 1:45 (60 minute crossing)