

# Archdiocese of Seattle Religious Education Newsletter January 25, 2016

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**Dear Catechetical Colleagues,**

Our "Essential Concept" this week is **Human Freedom and Conscience Formation**. Please check out the video links below that offer excellent resources for teaching these topics.

As you know, we are also quickly approaching the season of Lent. The Library Media Center has several suggestions that can support your programs. **Lent is also the perfect time to more deeply explore the Archdiocesan Year of Mercy website.**

**On February 16th, there will be a gathering for all those involved in bereavement and grief support ministry at St. Vincent de Paul parish in Federal Way.** The guest speaker will be Mary Hejnal, a Catholic bereavement specialist for Evergreen Hospital. Please contact the OCFF office, if you would like more information about this event.

We are also very excited that **Dr. Ann Garrido will be offering a presentation on her book, Redeeming Administration on March 15th for our annual Pastor/Faith Formation Leader Luncheon.** Her talk will be both inspirational and informational for all those involved with parish, school, and catechetical leadership!

We are hoping that all of our **Pastoral Assistants for Faith Formation will also take advantage of our Workshop and Retreat on April 28-29th.** This overnight time will offer everyone an opportunity to deepen our understanding of implementing our Archdiocesan Religion Standards. It will also be a wonderful time for networking and sharing ideas on best practices for catechesis across all age levels.

Finally, please mark your calendars for our **Annual PAFF Conference on June 1st.** Dr. Joe Paprocki will be our presenter and he will be talking about his new book, *A Church on the Move: 52 Ways to Get Mission and Mercy in Motion*.

In Christ,  
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## Upcoming Catechetical Events

### Religious Education Standards Deanery Workshops

January 26, 2016: 10:30-12 I Pierce Deanery I Visitation Church, Tacoma

February 13, 2016: 10:00-3 I South Sound Deanery I St. Edward, Shelton

March 9th, 2016: I St. Charles, Burlington (*Time: TBD*)

Contact [Joseph Tancioco](#) for information, registration, and scheduling a future workshop.

### Liturgy Workshop Opportunities

Spread the word about these liturgical workshops, events and formation opportunities from the Liturgy Office. Please see [attachments](#) from more information.

### Catholic Advocacy Day 2016

Monday, February 8, 2016 I 9:00 am to 3:00 pm I Olympia, WA. For more information and registration, visit the [ipjc.org](http://ipjc.org) website or email

[CatholicAdvocacyDay2016@ipjc.org](mailto:CatholicAdvocacyDay2016@ipjc.org). Registration ends January 18th.

### Bereavement/Grief Support Ministry Meeting

Tuesday, February 16, 2016 I 9:00 am to 3:00 pm I St. Vincent de Paul Church, Federal Way I Please contact [Joseph Tancioco](#) to register or for more information.

### Save the Date: Jubilee for People with Special Needs

Saturday, March 12, 2016 I 11:00 am I Archbishop Peter J. Sartain, Presider

See [flyer](#) for more information

### Save the Date: Faith Formation Presentation and Luncheon

Tuesday, March 15, 2016 I Chancery, Isaac Orr Conference Room I Speaker: Ann Garrido I Topic: Spirituality for Catechetical Leaders/Redeeming Administration I *More information to come*

### Save the Date: Best Practices for Catechetical Leaders

April 28-29, 2016 I ABRC @ Palisades I For the Newly-Revised Parish Elementary Religion Standards I *More information to come*

### Save the Date: Annual PAFF Conference

Wednesday, June 1, 2016 I ABRC @ Palisades I Speaker: Joe Paprocki I 9:00 am to 3:00 pm I *More information to come*

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## Formation Opportunities

### Luke: the Gospel for Saints & Sinners

Thursdays, January 14--February 4 - 7:00 pm. I St. Anne House of Prayer I 1305 First Avenue W., Seattle (near the top of Queen Anne Hill). A four-week study of the Gospel that challenges us to build a church as inclusive as Jesus with Ron Ryan, D.Min. There is no fee or registration for this event. For more information, please contact the St. Anne Parish Office at 206-282-0223.

"Have a Heart: Be an Angel" Auction Dinner for Cabrini Ministry Training  
Saturday, Jan. 30, 2016 | 6:30 pm. Our Lady of the Lake Parish in NE Seattle. Join us for food, fun and drinks as we raise funds to support the ANGELS in our midst who offer compassionate pastoral care to those in need. Tickets are \$50/person. Reservations can be made at [www.cabriniministry.org](http://www.cabriniministry.org).

Enjoying the Fruit of Your Ministry-Retreat for Lay Ecclesial Ministers  
Friday, February 19th, 2016 | 9:00 am - 3:00 pm | St. Anne House of Prayer | 1305 First Avenue W., Seattle (near the top of Queen Anne Hill). Facilitated by Ron Ryan & Charlene Collora. Enjoy a quiet, supportive, confidential environment to rekindle your faith in God, in yourself, and in your work. Registration: \$50-includes refreshments and lunch. For more information, please contact the [St. Anne Parish Office](#) at 206-282-0223.

"Listening Heart" Ministry Training in Spanish  
Cabrini Ministry Training will be offering their "Listening Heart" program in Spanish this February: Saturdays from 1-3pm at St. Andrew's in Sumner and Sundays from 2-4pm at St. Mary's in Seattle. Classes are scheduled to begin the weekend of February 13/14 and the registration deadline is February 9. Registration forms are available in your parish office. For more information, contact [olaf@stmarysseattle.org](mailto:olaf@stmarysseattle.org) (206-324-7100 x 13) or [olaf@standrewsumner.org](mailto:olaf@standrewsumner.org) (253-863-3220).

Catechesis of the Good Shepherd Level 1 Formation Course  
Presented by Joann Terranova, MAPS and Lynne Shioyama  
January to November 2016 For more information, see [flyer](#) or contact Claudia Petursson at Holy Family Parish 452-822-0295, ext. 122 or [claudiap@hfkparish.org](mailto:claudiap@hfkparish.org)

Missionary Childhood Association Christmas Artwork Contest  
Twenty-four winners will be selected in the 2015-2016 [Missionary Childhood Association Christmas Artwork Contest](#); their artwork will appear as e-greetings on the website (MCAKids.org) and displayed at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C. during Advent 2016 and through the Christmas Season. The official entry form is at MCAKids.org and at OneFamilyInMission.org. Open to young Catholics in grades K-8 in schools or parish religious education programs. Deadline is Saturday, January 31, 2016.

Multimedia Youth Contest "Caring For God's Creation" (Grades 7-12)  
Annual Multimedia Youth Contest Creative work of any medium (e.g. video, song, painting, drama, poetry, etc.) is welcome! Entries within the Archdiocese of Seattle must be sent to the Missions Office by March 17, 2016.



## Essential Religious Education Concepts

### Human Freedom and Conscience Formation [1030-1037, 1730-1802]

*The Essential Concepts come from the Table of Contents for the Catechism of the Catholic Church (CCC). They have been re-organized to fit under the Six Tasks of Catechesis. CCC articles numbers associated with*

each Essential Concept are listed throughout this document. Referencing CCC article numbers is a recommended resource for catechist preparation.

**TASK 3 - Moral Formation-** Students develop a moral conscience that is informed by Church teachings and conformed to Christ, as modeled in a personal life of virtue, and demonstrated in service of the Gospel's demands for society.

## Implementation Ideas for the Classroom:

### Annotated Bibliography from the LMC\*

*\*Please note the Library's Essential Concepts list is a working document, being updated on an ongoing basis.*

### Online Resources

#### What We Believe: Morality

"Conscience is a judgment of reason by which the human person recognizes the moral quality of a concrete act" (Catechism of the Catholic Church, no.1796). "Man has in his heart a law inscribed by God. . . . His conscience is man's most secret core, and his sanctuary (GS, no. 16).

USCCB Resources on Conscience Protection The bishops have called the faithful to Get Informed, Advocate and Pray for Conscience Rights. Join in solidarity to protect the conscience rights of all.

Commentary from Bishop Barron on Conscience and Morality Bishop Barron speaks about what conscience is and what is a properly formed conscience.



#### What is Conscience?

Bishop James Conley answers the question. Taken from Ask A Bishop. ASK A BISHOP's mission is to create media content to communicate the life and faith of the Catholic Church through the lens of it's bishops within the digital world.



#### Freedom

Children play on a playground and we see a glimpse of how boundaries Outside da Box Productions.



make us free. From

### Resources from the LMC on Human Freedom and Conscience Formation

***Conscience in Conflict: How to Make Moral Choices*** (Kenneth Overberg) Offers a readable and up-to-date process for coming to a decision about crucial contemporary

personal and social questions. The first part presents the fundamental building blocks of Catholic morality, the basic structures, goals and dynamics of Christian life. The second part turns to specific moral issues: sexual issues, medical issues, war and economics.

***Principles & Choices*** (Healing the Culture). Principles and Choices is a state-of-the-art, comprehensive high school curriculum on the special dignity and unique value of human life. The program immerses students in the Four Levels of Happiness, and helps them master basic principles of logic, ethics, and justice.



***Forming Consciences for Faithful Citizenship: A Call to Political Responsibility from the Catholic Bishops of the United States*** (United States Conference of Catholic Bishops) This 2015 limited revision of Forming Consciences for Faithful Citizenship gives pastoral guidance to help Catholics in the United States exercise their political responsibility well. This important teaching document integrates new policy developments in the United States as well as new papal teachings, including that of Pope Benedict XVI and Pope Francis to date. The limited revision presents to the Catholic faithful, and all those of good will, an up-to-date guide for forming their consciences as they participate in the civil order.

***An Introduction to Making Moral Choices*** (Mark Miller) A brief but cogent summary in plain language of how people make moral decisions. Using examples from daily living, Miller discusses what morality is, what conscience is, the myriad influences on our decisions, how morality relates to civil law, to society's norms and customs, and to religious faith. Sympathetic to the "messiness of human living", Miller discusses the need for dialogue and consultation, for being in touch with the wisdom of the ages and those we respect, to arrive at a moral decision. He does not offer answers to abstract moral questions, but rather attempts to guide readers toward making good choices based on what is human and what is moral and right.



***Freedom and Forgiveness: A Fresh Look at the Sacrament of Reconciliation*** (Paul Farren) This book explores the sacrament of Reconciliation focusing on the two people who confess - God and the penitent. God is the primary confessor when he confesses his forgiveness for and trust in the one who is celebrating the sacrament. The gift of freedom, the existence of hell, and the role of conscience are discussed at length.

***The Ninth Day*** (DVD, Telepool) Quietly compelling drama about a Catholic priest temporarily released from a concentration camp and returned to his native Luxembourg, where a young SS officer informs him that he has nine days to convince the staunchly anti-Nazi bishop to sign a letter supporting Hitler, leading to a battle of wills in which the priest must choose between survival and the dictates of his conscience. Loosely based on the prison diaries of real-life Luxembourg priest Father Jean Bernard, and intelligently directed by Jesuit-educated German filmmaker Volker Schlöndorff, the picture is an emotionally forceful and morally complex meditation on faith, redemption and the cost of true discipleship.

## Library Media Center Resources

### The Season of Lent

**Lenten Moments of Mercy** - Lent presents a wonderful time to reflect on themes of mercy, and Lenten Moments of Mercy aims to help. This daily e-mail series delivers fresh reflections based on the Scriptures of Lent, sharing the inspiring words of Pope Francis and suggesting Lenten actions and prayers. In this Jubilee Year of Mercy, take time each day for [Lenten Moments of Mercy](#) and prepare your heart for a new appreciation of the journey to Easter. Sign up to receive the daily messages via e-mail from Ash Wednesday through Easter Sunday. Begins February 10th-Loyola Press.

**CRS Rice Bowl** The season of Lent is a time to pray, fast and give alms as we reflect on how Christ calls us to return to him. [CRS Rice Bowl](#), a Lenten faith formation program from Catholic Relief Services, offers resources that can help people of all ages, families and communities participate in these Lenten practices and deepen their faith. [Spanish version](#)

### *Threshold Bible Study for Lent (23rd Publications)*

***People of the Passion*** Suffering seems to bring out the best and worst in our human nature. Some people are overcome with hopelessness that leads to despair; others are filled with courage that leads to heroism. The people of the passion in this book are the characters who participated in some way in the suffering and death of Jesus: Peter, Pilate, Mary Magdalene, Simon of Cyrene, the daughters of Jerusalem, and the woman who anointed Jesus.

***Pilgrimage: In the Footsteps of Jesus*** Because Jesus entered our world in the human condition, our faith has deep roots in the physical places where he was born, walked and talked, laughed and wept, suffered, died, and rose again. Though a bodily pilgrimage may not be possible for many, this imaginative pilgrimage unites these hallowed places with the sacred texts associated with the life of Jesus.

***The Tragic & Triumphant Cross*** The cross is both the world's most contemptible instrument of punishment and the symbol of humanity's greatest hope. In turning this tool of torture into his followers' proudest boast, Jesus produced the most dramatic reversal the world has ever experienced.

***The Resurrection and The Life*** What exactly did happen on Easter morning? Why did it impel the disciples to begin a journey which would transform the world? What does this mean to us, here where we live today? This book will help you understand what the Scriptures teach us about our own resurrection and how that hope gives purpose to everything we do.



***Jesus, the Messianic King: Part One: Matthew (1-16)*** Matthew's gospel presents Jesus as Israel's royal Messiah, inaugurating God's kingdom in the world. It was written to help Jewish Christians understand that their faith in Jesus was entirely consistent with the faith of ancient Israel. With frequent quotations and allusions from the Old Testament, Matthew demonstrates how Jesus is both Son of David and Son of God. This study will help you understand the scope of this gospel, the clear advice it offers for the church, and its personal implications for the lives of disciples today.

***Jesus, the Messianic King: Part Two: Matthew (17-28)*** The second half of Matthew's Gospel moves from the Transfiguration to the Resurrection, announcing Jesus as the world's true King. The life, death, and resurrection of Jesus bring the hopes of ancient Israel to their dramatic climax, linking Jesus' royal character to his humble service and self-sacrificing love. This study completes the unique portrait of Jesus developed in the first half of Matthew's Gospel and offers firm guidance for the Church and disciples today.

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## **Jubilee Year of Mercy**

Pope Francis has called the special **Jubilee Year for Mercy** to begin Dec. 8, the feast of the Immaculate Conception and the 50th anniversary of the closing of the Second Vatican Council. It will close on Nov. 20, 2016, the day celebrated that year as the feast of Christ the King.

### **Brief History of Holy Years and Jubilees in the Church**

by Fr. Thomas Rosica-Salt & Light blog.

## **Webinar Opportunity: Lent in the Year of Mercy**

**January 28th at 3:00 EST**-This year, Lent should stand out even more than usual. It's a Jubilee Year - a year of Mercy - when Holy Doors are opening across the Christian world. But what about our own parishes? How can mercy be a special point of emphasis for our parishioners and others? Join Fr. Frank DeSiano, as he looks ahead toward our most sacred season through the lens of "mercy." How can the theme of mercy bring focus and energy to our Lenten activities? Reflections on mercy, with examples for both personal and parish activities, will stimulate your thinking even more. "Repent and believe in the Good News!" And that Good News is...God's Mercy. Register [here](#)

## **Day of Mercy-Confessions at St. James Cathedral**

Saturday, March 5, 2016 | St. James Cathedral | One of the high points of the Year of Mercy is the Day of Mercy, when Archbishop Sartain, Bishop Elizondo, and priests from across the Archdiocese hear confessions throughout the day at St. James Cathedral. All are encouraged to participate in this celebration of the Sacrament of Mercy in the Year of Mercy.

## **Archdiocesan Webpage for The Year of Mercy**

It is up and **now available!** Please take a look at all of the resources and current information found dedicated to the Year of Mercy. Be sure to check back often for added events and resources.

### **Library Media Center Year of Mercy Resources**

Here is a printable annotated [bibliography](#) of resources available from the Library Media Center. Materials may be added to the list, so check back for new titles.

### **A Biblical Year of Mercy**

A 13-part series is being published from December 2015 to December 2016 in [Arkansas Catholic](#), the weekly newspaper for the Diocese of Little Rock. These articles are being written by the staff of Little Rock Scripture Study for the Holy Year of Mercy. Each one includes questions for group study.

### **CRS Year of Mercy Resources**

Catholic Relief Services (CRS) has developed a number of resources that illustrate how Catholics in the United States can participate in acts of mercy through CRS. Click [here](#) for details.

### **Archdiocese of Seattle Year of Mercy Prayer Card**

Here is a [printable prayer card](#) for use in your parish. The prayer card can be printed out using Avery 8387 labels.

### **Year of Mercy App**

Our Sunday Visitor's FREE [365 Days to Mercy app](#), is designed to accompany you on a spiritual journey during the Jubilee Year of Mercy proclaimed by Pope Francis.

### **St. James Cathedral Tours**

St. James Cathedral is inviting both parishes and school groups to set up visits for the Year of Mercy, which can be just a time of prayer and pilgrimage, or can include a guided tour as well. Corinna Laughlin [claughlin@stjames-cathedral.org](mailto:claughlin@stjames-cathedral.org) or 206-264-2086

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## **Archdiocesan News**

### **NW Catholic Movie & Book Reviews**

Check NW Catholic for the latest reviews on [books](#) and [movies](#)

### **National Catholic Schools Week**

National Catholic Schools Week starts the last Sunday in January and runs all week, which in 2016 is January 31 - February 6. The theme for the National Catholic Schools Week 2016 is "Catholic Schools: Communities of Faith, Knowledge and Service." Schools typically observe the annual celebration week with Masses, open houses and other activities for students, families, parishioners and community members. Through these events, schools focus on the value Catholic



education provides to young people and its contributions to our church, our communities and our nation. [\(NCEA\)](#) and [Archdiocese of Seattle Catholic Schools](#)

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## MyUSCCB

This Week in Ministry provides timely content every week formatted for use in a variety of ways: parish bulletins, websites, E-newsletters, social media and more.

**Featured This Week (Third Week of Ordinary Time):** [\*Transmitting the Faith: The Important Role of Women\*](#) This article takes its theme from St. Paul's Second Letter to Timothy, which is the First Reading for the Feast of Saints Timothy and Titus on January 26.

**Conversion** Paulist Fr. Larry Rice explains the concept of conversion in the context of Catholicism and explains why it is an ongoing process.

To learn more about MyUSCCB and to sign up for this helpful resource, visit the [USCCB](#) website for more information.

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## Catechetical Weekly-NCCL

The National Conference of Catechetical Leaders publishes a weekly newsletter following the Six Tasks of Catechesis.

**Featured This Week (Third Week of Ordinary Time):** [\*Angelus: Mission of Christ, Church is to evangelize the poor.\*](#) "But let us ask ourselves a question. What does it mean to evangelize the poor?"

NCCL Partners With NACYML For Upcoming MOOC. NACYML presents a New Massive Open Online Course (MOOC). February 28-March 19, 2016 (Overview of Mercy with Bishop Caggiano Available February 21) For more information, visit the [nacymf.org](#) website.

For archived newsletters and to learn more about this organization visit the [website](#).

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## Featured Websites

### Pope Francis' Monthly Prayer Intentions on Video

Apostleship of Prayer receives monthly prayer intentions from the Pope and urges Christians throughout the world to unite in prayer for those intentions. Beginning January 6th, each month Pope Francis will film his monthly prayer intention and it will be distributed on social media. Check back for a new video on the next month's prayer intention.



## Liturgy Training Publications

### Virtual Training Opportunities for Teachers and Catechists (2016)

Designed specifically for teachers and catechists, this series invites all those who work with children to engage in formation and training throughout the year.

## Elements of the Catholic Mass Weekly Video Series

Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring experts from the **Liturgical Institute**, the program consists of beautifully produced weekly short videos of 2-5 minutes. These free videos will be available online and on demand. Because they will be released with a discussion guide with references, they are ideal for personal faith formation or group discussion. To see a listing of all available episodes, visit the "Episodes" page of the Liturgical Institute's [website](#).



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## Catholic Publishers

[Loyola Press](#)

[St. Mary's Press](#)

[Our Sunday Visitor](#)

[Ave Maria Press](#)

[Sadlier](#)

[Ascension Press](#)

[RCL Benziger](#)

[Lighthouse Catholic Media](#)

[Ignatius Press](#)

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## Helpful Links

### 21st Century Catholic Evangelization

Serving Catholic leaders in their ministry of evangelization with curated knowledge, approaches, strategies, and resources to reach out to those who have never heard the gospel proclaimed, to re-engage those who have lost a living faith in their daily lives, and to engage those who are faithful and need to be renewed with increased catechesis

### Garaventa Center

The Garaventa Center from the University of Portland explores and deploys the fruits of faith, reason and imagination that constitute the Catholic intellectual tradition to illuminate and enliven something that is implicit but often unregarded: the working of grace in human communities. Weekly podcasts are available by visiting the website or subscribing to their weekly newsletter.

### Catechist Journey

Sharing the Journey of Teaching the Catholic Faith. Joe Paprocki's blog that features practical tips and resources on sharing the gift of the Catholic faith.

### eCatechist

eCatechist.com is a blog from Dan Pierson, that provides ideas, inspiration, and learning resources for catechists, parish catechetical leaders, and parents.

### NACFLAM-National Association of Catholic Family Life Ministries

In response to God's word revealed through all generations and impelled by our belief in the intrinsic sacredness of family life we, the members of the National Association of Catholic Family Life Ministers, join together to be a prophetic voice for family in Church and society, to foster professional development, and to provide mutual support for those who minister with families.

### TeamRCIA

TeamRCIA.com is a free online resource for Catholic parishes and dioceses that want to form Christians for life. Offers a variety of online and in-person training for church ministers and volunteers, through webinars, e-mail courses, downloads, discussion forums, and training events led by experts in the field of initiation ministry.

### Teaching Catholic Kids

Teaching Catholic Kids is a valuable tool for parents, teachers and catechists. Free downloadable activities and teacher resources are updated each month and made available from the best of Our Sunday Visitor books, workbooks and writers.

### Vibrant Faith at Home

Vibrant Faith @ Home supports Christian leaders and families who are intentional about their faith and religious practice as they raise the next generation of committed Christians.

### Word On Fire

Word on Fire Catholic Ministries is a nonprofit global media apostolate that supports the work of Father Robert Barron and reaches millions of people to draw them into- or back to- the Catholic faith. Word on Fire is evangelical; it proclaims Jesus Christ as the source of conversion and new life. Word on Fire is Catholic; it utilizes the tremendous resources of the Roman Catholic tradition-art, architecture, poetry, philosophy, theology, and the lives of the saints- in order to explain and interpret the event of Jesus Christ.

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#### Stay Connected



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