



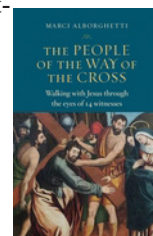
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Please post or copy and distribute this brochure to teachers and catechists!

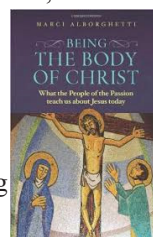
February 2016

A Spiritual Lent

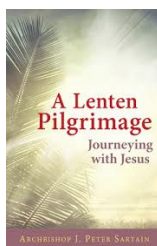
The People of the Way of the Cross: Walking with Jesus Through the Eyes of 14 Witnesses (Book) Alborghetti, Marci, Twenty-Third Publications, 2016. In fourteen penetrating narratives, Marci Alborghetti imagines the stories behind the people who witnessed Jesus Way of the Cross. Some are historical, scriptural, or traditional figures, such as Pilate, Nicodemus, Veronica, and Dismas. Others are unnamed and anonymous, but equally compelling a soldier casting lots, a child lost in the crowd, and a slave who carries a fateful hammer. Each individual encounters Jesus in a unique way. And each is profoundly changed by the experience. Through their stories and through the prayers, action suggestions, and reflection questions we too have a powerful opportunity to enter into our Lord's Passion, to connect our lives to his, and to experience for ourselves his loving, transformative gaze. (A)



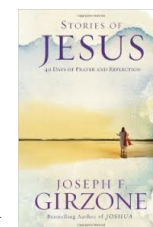
Being the Body of Christ: What the People of the Passion Teach Us About Jesus Today (Book) Alborghetti, Marci, Twenty Third Publications, 2012. One is his mother. Another is a friend. Still another is a stranger. They are among the seven people who witness Jesus' death on the cross. Their remarkable, life-altering stories are told here, in Being the Body of Christ: What the People of the Passion Teach us about Jesus Today. Drawing from Scripture and tradition, Marci Alborghetti creates tender, profoundly personal depictions of each encounter; we feel Mary's anguish as she holds her son's cold, tattered body and recalls rocking her newborn; we stand with John at the foot of the cross, somewhere between hope and despair. We feel the Centurion's bewilderment, Magdalene's grief, and Nicodemus' wrenching regret. "These are the people who can become our guides as we seek to commit ourselves physically, emotionally, and spiritually to Jesus and his teaching," says Alborghetti. Each chapter offers questions and topics for personal reflection or group discussion, making this an inspiring and cherished companion for all who seek deeper participation in the body of Christ. (A)



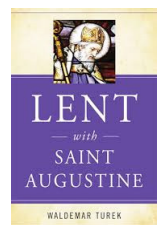
A Lenten Pilgrimage: Journeying with Jesus (Book) Archbishop J. Peter Sartain, Our Sunday Visitor, 2015. For many Catholics, what's at stake might be what we "give up" for Lent. Most of us know there is more to it than that, but we struggle to give the season its proper meaning. As Archbishop J. Peter Sartain writes, "As I prayed the opening prayer at Mass for the First Sunday of Lent, I realized once again how much I have to learn." Walk through the desert alongside Archbishop J. Peter Sartain, who, in his personal and pastoral style can help us make this Lent different - the Lent during which we do more than give up our favorite comfort foods and strive to give ourselves more deeply to the Lord. (S,A)



Stories of Jesus: 40 Days of Prayer and Reflection (Book) Girzone, Joseph F., Franciscan Media, 2013. Provides a portrait of Our Lord in a day-by-day reflection format, based on the Gospel accounts of his life and teachings. Girzone introduces Jesus and his adult ministry--from his baptism by John the Baptist through his public life and work, to his death and resurrection--pausing along the way to focus on the important people and events of Jesus's world. Each day opens with a passage from one of the Gospels, followed by an imaginative retelling of the story found in the scriptural text, and a brief prayer at the end. The forty-day format allows readers to use this book for Lent, or at other times of year to provide a retreat with Jesus." (S,A)



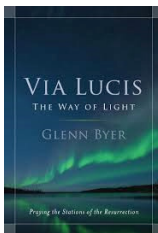
Lent with Saint Augustine (Book) Turek, Waldemar, Liturgical Press, 2014. Augustine's Confessions immortalized the path of his conversion, a humble and sincere testimony of a sinner who experienced unconditional love. In Lent with Saint Augustine, Turek presents selected excerpts for each day of Lent from this pearl of spirituality and literature, while incorporating commentary that takes the cycle of liturgical readings into account. These reflections serve as a prayerful aid for living Lent spiritually, allowing the reader to better experience the sacred while returning to the sources of faith to celebrate the death and resurrection of Christ. (A)



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Via Lucis - The Way of Light: Praying the Stations of the Resurrection (Book) Byer, Glenn, Twenty-Third Publications, 2014. Christ was crucified and rose from the dead-but the story doesn't end there After the resurrection, he appeared to many of his disciples and followers, bringing joy and the promise of new life to all.

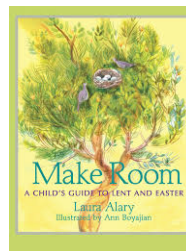
Be inspired by the wondrous events of the resurrection by reflecting on the 15 stations of the Via Lucis, or Way of Light. This new devotion follows Jesus after his resurrection, celebrating each appearance of the risen Christ. Pairing striking photographs with scripture passages and profound reflections, Via Lucis will allow you to get caught up in the excitement alongside those who knew Jesus. Pray this devotion in groups or on your own, taking your time to visit each station and experience the hope of new life that Christ brings. (A)



I Believe in Easter (DVD) Vision Video, 2015. Discover the origins of Easter in this thoroughly researched and emotionally charged docu-drama. Trace the history of Easter to ancient Egypt where the story finds its roots in the deliverance of the Israelites from slavery and learn how Passover symbolism is intricately woven into the events surrounding the crucifixion of Jesus

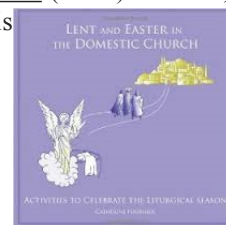
Christ - The Lamb of God. Learn how the church adapted and transformed pagan tradition into the celebration of the Resurrection. See how culture, emperors, apostles and popes have influenced how we celebrate Easter today. The program features new powerfully dramatized scenes from the gospels, along with documentary footage shot in the Holy Land and at the Vatican, plus insightful commentary from church scholars and historians. (S,A)

The Church Celebrates Lent and Easter (DVD) St. Anthony Messenger Press, 2004. Presents an overview of the pivotal Easter season from Lent to Pentecost and emphasizes how Baptism is central to identity in the lives of all believers. (A)



Make Room: A Child's Guide to Lent and Easter (Book) Alary, Laura, Paraclete Press, 2016. While the Advent season is filled with fun and expectations, Lent can be hard for children. It's travels through frightening places, loaded with themes of self-denial and death. How can children approach this season in a way that is meaningful and not frightening? Make Room presents Lent as a special time for creating a welcoming space for God. Other books offer excellent ideas for going through the Lenten season with children, but Make Room uniquely connects its projects to the story of Jesus. Simple and practical activities such as baking bread, having a neighbor over for dinner, uncluttering your room, and watching less TV become acts of justice and kindness, part of a life of following and imitating Christ, and a way to make room for God in our lives and in the world around us. Other books tell the Passion narrative for young readers; this unique book integrates themes of hospitality and self-giving that echo Jesus' ministry, Jesus' entire life. Make Room invites children to wonder about the story, to encounter Lent with all their senses, and to experience activities in Lent as part of a life of discipleship. (P, I)

Lent and Easter in the Domestic Church (Book) Fournier, Catherine A. Ignatius Press, 2014. This is an illustrated book full of wonderful activities for children and families to help better understand and celebrate the Lent and Easter seasons. The perfect book for families to learn together and share the traditions of this important time of the liturgical year. Filled with a variety of family activities, saints' celebrations and crafts, this book has something for everyone in the family. Family activities include making of a Paschal Candle, special Stations of the Cross, a Family Altar, a Garden for Mary, the Seder Meal, recipes for special homemade breads and more. Also included are stories of special Saints for the season with activities and prayers. Finally, it offers numerous craft activities including cross stitching Guardian Angel patterns, making alms boxes, Easter eggs, Stained-glass pictures, table runners, and many coloring pages. (P, I, J)



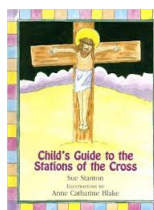
Online Resources

[USCCB Lent Resources for the Jubilee Year of Mercy](#)

[Loyola Press-Lent Activities & Resources](#)

[The Religion Teacher-Lent Activities](#)

[Strong Catholic Family Faith-Lent Ideas for Families](#)



The Stations of the Cross for Children (Book) Stanton, Sue, Twenty-Third Publications, 1997. Children are guided by Fr. Stan as they make the Way of the Cross. Each station is described in simple and clear language using illustrations. He then reflects on each station by inviting children to apply it to situations at home and school. (P,I)

Bible Stories For the 40 Days (Book) Nussbaum, Melissa Musick, Liturgy Training Publications, 1997. A collection of forty Bible stories for children, which could be used as an accompaniment to the forty days of Lent. (P, I)

