

Archdiocese of Seattle Religious Education Newsletter February 8, 2016

Dear Catechetical Colleagues,

Our Essential Concept this week is **Covenant and the Ten Commandments**. As we prepare for Lent it is a good time to consider how we are preparing our hearts and minds to deepen our relationship with God and others. We hope you find the attached resources helpful for you and those you catechize in deepening our relationship with Christ.

Be sure to take a look at both the **Resources for Lent and the Year of Mercy** sections below. A wealth of new resources, events, and activities have been added. Plus new videos for the Essential Concept, Ash Wednesday, and Lent are provided.

One great resource is from **Catechist Journey by Joe Paprocki** titled "[Getting Ready for Ash Wednesday](#)". Listed here a variety of links, articles and other resources.

In Christ,
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Upcoming Catechetical Events

Religious Education Standards Deanery Workshops

February 13, 2016: 10:00-3 | South Sound Deanery | St. Edward, Shelton

March 9th, 2016: | St. Charles, Burlington (*Time: TBD*)

Contact the [Office of Catholic Faith Formation](#) for information, registration, and scheduling a future workshop.

Liturgy Workshop Opportunities

Spread the word about these liturgical workshops, events and formation opportunities from the Liturgy Office. Please see the Liturgy Office [Workshop & Events](#) page for more information.

Bereavement/Grief Support Ministry Meeting

Tuesday, February 16, 2016 | 9:00 am to 3:00 pm | St. Vincent de Paul Church, Federal Way | Please contact the [Office of Catholic Faith Formation](#) to register or for more information.

Jubilee for People with Special Needs

Saturday, March 12, 2016 | 11:00 am | Archbishop Peter J. Sartain, Presider
See [flyer](#) for more information.

Junior High Rally

Saturday, March 12, 2016 | Forest Ridge School, Bellevue | Rally is open to all those in grades 6-9. Visit the Youth & Young Adult [Junior High Rally](#) page for registration and more information.

Faith Formation Presentation and Luncheon

Tuesday, March 15, 2016 | Chancery, Isaac Orr Conference Room | 9:30 am -1:00 pm Speaker: Ann Garrido | [Redeeming Administration: Spirituality for Spiritual Leaders](#) | RSVP to ocff@seattlearch.org or 206-382-4096 by Tuesday, March 8th.

Best Practices for Shared Parishes: Intercultural Competencies Workshop

March 16 & 17, 2016 | St. Thomas Church, Tukwila | 9am to 3pm | This workshop was developed based on the responses of a recent study among a group of pastors who achieved a high level of integration and inclusion in the parishes where they serve. See [flyer](#) for registration and more information.

Best Practices for Catechetical Leadership

For the Newly Revised Parish Elementary Religion Standards
April 28-29, 2016 | ABRC @ Palisades | Visit the OCFF [Events & Resources](#) page for more information.

Save the Date: Annual PAFF Conference

Wednesday, June 1, 2016 | ABRC @ Palisades | Joe Paprocki: [A Church on The Move: Getting Mission and Mercy in Motion](#) | 9:00 am to 3:00 pm

Formation Opportunities

Enjoying the Fruit of Your Ministry-Retreat for Lay Ecclesial Ministers

Friday, February 19th, 2016 | 9:00 am - 3:00 pm | St. Anne House of Prayer | 1305 First Avenue W., Seattle (near the top of Queen Anne Hill). Facilitated by Ron Ryan & Charlene Collora. Enjoy a quiet, supportive, confidential environment to rekindle your faith in God, in yourself, and in your work. Registration: \$50-includes refreshments and lunch. For more information, please contact the [St. Anne Parish Office](#) at 206-282-0223.

"Listening Heart" Ministry Training in Spanish

Cabrini Ministry Training will be offering their "Listening Heart" program in Spanish this February: Saturdays from 1-3pm at St. Andrew's in Sumner and Sundays from 2-

4pm at St. Mary's in Seattle. Classes are scheduled to begin the weekend of February 13/14 and the registration deadline is February 9. Registration forms are available in your parish office. For more information, contact olaf@stmarysseattle.org (206-324-7100 x 13) or olaf@standrewsumner.org (253-863-3220).

Catechesis of the Good Shepherd Level 1 Formation Course

Presented by Joann Terranova, MAPS and Lynne Shioyama
January to November 2016 For more information, see [flyer](#) or contact Claudia Petursson at Holy Family Parish 452-822-0295, ext. 122 or claudiap@hfkparish.org

Grades 7-12: Educational Contest Using Catholic Social Teaching

The Catholic Campaign for Human Development (CCHD) [Multimedia Youth Contest](#) is a tool to engage young people in grades 7-12 in learning about poverty in the U.S., its root causes, and faith-inspired efforts to address poverty. This year's theme is "Care for God's Creation." By encouraging young people [to stand in solidarity](#) with those who live in poverty, we remember that we are our brothers' and sisters' keepers. Contest's local deadline: March 17, 2016. Entries to be sent to the [Missions Office](#), where one can get resources and other assistance with the contest.



Essential Religious Education Concepts

Covenant and the Ten Commandments [2052-2557]

The Essential Concepts come from the Table of Contents for the Catechism of the Catholic Church (CCC). They have been re-organized to fit under the Six Tasks of Catechesis. CCC articles numbers associated with each Essential Concept are listed throughout this document. Referencing CCC article numbers is a recommended resource for catechist preparation.

TASK 3 - Moral Formation- *Students develop a moral conscience that is informed by Church teachings and conformed to Christ, as modeled in a personal life of virtue, and demonstrated in service of the Gospel's demands for society.*

Implementation Ideas for the Classroom:

Annotated Bibliography from the LMC*

**Please note the Library's Essential Concepts list is a working document, being updated on an ongoing basis.*

Online Resources-Links and Videos

A Brief Examination of Conscience Based on the Ten

Commandments Taken from the United States Conference of Catholic Bishops

Ten Commandments - Two-Minute Drills Short (2-3 minute) mini-session for each of the Ten Commandments that is comprised of an easy game or demonstration

to illustrate the main point of that Commandment. Taken from Joe Paprocki's *Catechist Journey*.

Love God Love Each Other This original song written by Bob Rice and performed by Righteous B, Taylor Tripodi and Born, drives home Christ's admonition to love with no exceptions.... (Outside da Box)



Bishop Barron on The Ten Commandments

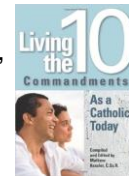
Although most of our parents's generation knew the Ten Commandments by heart, few Christians today can recite them. Yet a deep exploration of these commandments reveals a path to a flourishing moral life.



Resources from the LMC on Covenant and the Ten Commandments

Living the Ten Commandments as a Catholic Today (Mathew Kessler)

Written to "open up" the commandments and make them understandable and relevant for our lives today. Their messages are timeless--tell the truth, respect your parents, don't commit adultery--but it's hard sometimes to put their meaning into the context of today's hectic, fast-paced world. This book brings the holy messages alive and helps us understand that the word of God lives on through our actions and reactions to the world around us.

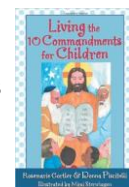


Ten: How the Commandments Can Change your Life (Mary Elizabeth Sperry) The words "Ten Commandments" conjure memories of the booming, majestic voice of God and ancient laws engraved on stone tablets held by Moses on Mount Sinai. What can these commandments possibly say to us in a digital world where tablets are items we use to surf the Web? How can the Ten Commandments apply to us in a culture where self-help is practically a religion? The Ten Commandments remain important because they teach us habits that we need to develop to live life in right relationship with God, self, others, and things: creating priorities, seeking intimacy, spending time, giving respect, recognizing dignity, maintaining integrity, living gratitude, upholding honesty, promising fidelity, and bestowing generosity.



Living the 10 Commandments for Children (Rosemarie Gortler)

Containing Scripture for the adult reader alongside reverent, yet whimsical explanations designed to hold a child's interest, this book will help families and catechists reinforce a vision of a healthy spiritual life in step with God's plan. An excellent preparation tool for the Sacrament of Reconciliation, the book contains a mini examination of conscience appropriate for children.



Close Encounters with the Commandments (DVD) Young Anthony tries to complete his homework on the Ten Commandments, but can't see how that "old list of rules" makes any sense to today's modern kids. In a dream, an angel dressed as Sherlock Holmes guides Anthony on an investigation, showing him that the Ten Commandments present us with opportunities to give witness to God's love, share with others, and care for our friends and families as we help build God's Kingdom every day. The energetic cast of young actors is seen in real-life, age-appropriate situations with which all young people can easily identify.



Library Media Center Resources

The Season of Lent

Pope Francis-Lenten Message 2016 The theme of pope Francis' [Lenten message](#) is "The Works of Mercy on the Road of the Jubilee." Visit the [Corporal Works of Mercy](#) USCCB page for a variety of resources.

Lenten Morning Prayer- A [worship aid](#) prepared by the Liturgy Office which could be used for a classroom or all school celebration of Morning Prayer on any weekday of Lent. "Side A" and "Side B" may be designated as either "Boys" and "Girls"/"Men" and "Women" as you deem appropriate. Feedback or questions contact the [Liturgy Office](#)

Mercy and Movies: Lenten Viewing for the Year of Mercy In this Year of Mercy, here are [spiritual viewing recommendations](#) that emphasize responding to the needs of those around us.

Lenten Moments of Mercy - Lent presents a wonderful time to reflect on themes of mercy, and Lenten Moments of Mercy aims to help. This daily e-mail series delivers fresh reflections based on the Scriptures of Lent, sharing the inspiring words of Pope Francis and suggesting Lenten actions and prayers. In this Jubilee Year of Mercy, take time each day for [Lenten Moments of Mercy](#) and prepare your heart for a new appreciation of the journey to Easter. Sign up to receive the daily messages via e-mail from Ash Wednesday through Easter Sunday. Begins February 10th-Loyola Press.

Best Lent Ever Dynamic Catholic's free Best Lent Ever email program will take you on a 40-day spiritual journey to encounter Jesus-and yourself-in a deeply personal way, and begin (or nourish) a habit of daily prayer. [Sign up](#) to receive daily inspirational emails during Lent

CRS Rice BowlThe season of Lent is a time to pray, fast and give alms as we reflect on how Christ calls us to return to him. [CRS Rice Bowl](#), a Lenten faith formation program from Catholic Relief Services, offers resources that can help people of all ages, families and communities participate in these Lenten practices and deepen their faith. [Spanish version](#)

Check It Out Newsletter-Lenten Resources available from the Library Media Center



Ash Wednesday & Lent In Two Minutes



Lent Cartoon-Jesus In the Desert



Ascension Press-Preparing For Lent

Jubilee Year of Mercy

Pope Francis has called the special [Jubilee Year for Mercy](#) to begin Dec. 8, the feast of the Immaculate Conception and the 50th anniversary of the closing of the Second Vatican Council. It will close on Nov. 20, 2016, the day celebrated that year as the feast of Christ the King.

Brief History of Holy Years and Jubilees in the Church

by Fr. Thomas Rosica-Salt & Light blog.



Jubilee of Mercy with the Sisters of Our Lady of Mercy

The [Sisters of Our Lady of Mercy](#) will be visiting seven parishes across our Archdiocese from February 13th-20th. They will be coming with first-class relics of St. Faustina and St. John Paul II for veneration, talks on mercy, and time for prayer.

Day of Mercy-Confessions at St. James Cathedral

Saturday, March 5, 2016 | St. James Cathedral | One of the high points of the Year of Mercy is the Day of Mercy, when Archbishop Sartain, Bishop Elizondo, and priests from across the Archdiocese hear confessions throughout the day at St. James

Cathedral. All are encouraged to participate in this celebration of the Sacrament of Mercy in the Year of Mercy.

A Year of Mercy-Young Adult Retreat

April 8-10, 2016 | ABRC @ Palisades | Join Fr. Sean Raftis as he reflects on Pope Francis' call for a "Year of Mercy." Click [here](#) to register and for more information.

Archdiocesan Webpage for The Year of Mercy

It is up and **now available!** Please take a look at all of the resources and current information found dedicated to the Year of Mercy. Be sure to check back often for added events and resources.

Library Media Center Year of Mercy Resources

Here is a printable annotated [bibliography](#) of resources available from the Library Media Center. Materials may be added to the list, so check back for new titles.

A Biblical Year of Mercy

A 13-part series is being published from December 2015 to December 2016 in [Arkansas Catholic](#), the weekly newspaper for the Diocese of Little Rock. These articles are being written by the staff of Little Rock Scripture Study for the Holy Year of Mercy. Each one includes questions for group study.

CRS Year of Mercy Resources

Catholic Relief Services (CRS) has developed a number of resources that illustrate how Catholics in the United States can participate in acts of mercy through CRS. Click [here](#) for details.

Archdiocese of Seattle Year of Mercy Prayer Card

Here is a [printable prayer card](#) for use in your parish. The prayer card can be printed out using Avery 8387 labels.

Year of Mercy App

Our Sunday Visitor's FREE [365 Days to Mercy app](#), is designed to accompany you on a spiritual journey during the Jubilee Year of Mercy proclaimed by Pope Francis.

St. James Cathedral Tours

St. James Cathedral is inviting both parishes and school groups to set up visits for the Year of Mercy, which can be just a time of prayer and pilgrimage, or can include a guided tour as well. Corinna Laughlin claughlin@stjames-cathedral.org or 206-264-2086

Archdiocesan News

NW Catholic Movie & Book Reviews

Check NW Catholic for the latest reviews on [books](#) and [movies](#)

NORTHWEST
CATHOLIC

Junior High Rally: Know Mercy



[Junior High Rally](#) is a day designed to celebrate Catholic youth and all they bring to the Church. Over 600+ youth from Washington, Oregon and Canada will come together for an interactive day where you will have the opportunity to meet new people, listen to talks that will deepen their faith, and be invited to participate in various interactive activities with the day closing with Mass.

MyUSCCB

This Week in Ministry provides timely content every week formatted for use in a variety of ways: parish bulletins, websites, E-newsletters, social media and more.



Featured This Week (Fifth Week of Ordinary Time):

Lectio Divina for Ash Wednesday: Lectio Divina is a form of meditation rooted in liturgical celebration that dates back to early monastic communities. It involves focused reading of Scripture, meditation on the Word of God, contemplation of the Word and its meaning in one's life (contemplatio) and ends with prayer. This Lectio Divina resource on the readings for Ash Wednesday focuses on themes of the Jubilee of Mercy and can be used by individuals or in group settings. [English](#) [Spanish](#)

Each month during the Jubilee of Mercy we will offer a [Meditation on Mercy](#)-a resource that can be used with small groups to foster a greater awareness of God's call to act with mercy in our lives.

To learn more about MyUSCCB and to sign up for this helpful resource, visit the [USCCB website](#) for more information.

Catechetical Weekly-NCCL

The National Conference of Catechetical Leaders publishes a weekly newsletter following the Six Tasks of Catechesis.



Featured This Week (Fifth Week of Ordinary Time): "In a world where information is instantly available, where documenting your life digitally is the norm rather than the exception and 'selfies' reign supreme, how as Catholics might we use our online presence to turn away from sin and be faithful to the Gospel as we are asked to do? My suggestion is 'pause to pray then post away.'" Julianne Stanz Read full article here: [To #ashtag or not to #ashtag on social media](#).

NCCL Partners With NACYML For Upcoming MOOC. **NACYML presents a New Massive Open Online Course (MOOC).** February 28-March 19, 2016 (Overview of Mercy with Bishop Caggiano Available February 21) For more information, visit the [nacyml.org](#) website.

For archived newsletters and to learn more about this organization visit the [website](#).

Featured Websites

Pope Francis' Monthly Prayer Intentions on Video

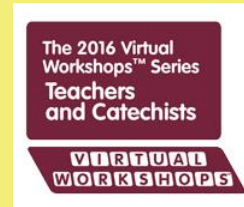
Apostleship of Prayer receives monthly prayer intentions from the Pope and urges Christians throughout the world to unite in prayer for those intentions. Beginning January 6th, each month Pope Francis will film his monthly prayer intention and it will be distributed on social media. Check back for a new video on the next month's prayer intention.



Liturgy Training Publications

[Virtual Training Opportunities for Teachers and Catechists \(2016\)](#)

Designed specifically for teachers and catechists, this series invites all those who work with children to engage in formation and training throughout the year.



Elements of the Catholic Mass Weekly Video Series

Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring experts from the **Liturgical Institute**, the program consists of beautifully produced weekly short videos of 2-5 minutes. These free videos will be available online and on demand. Because they will be released with a discussion guide with references, they are ideal for personal faith formation or group discussion. To see a listing of all available episodes, visit the "Episodes" page of the Liturgical Institute's [website](#).



Catholic Publishers

[Loyola Press](#)

[St. Mary's Press](#)

[Our Sunday Visitor](#)

[Ave Maria Press](#)

[Sadlier](#)

[Ascension Press](#)

[RCL Benziger](#)

[Lighthouse Catholic Media](#)

[Ignatius Press](#)

Helpful Links

[21st Century Catholic Evangelization](#)

Serving Catholic leaders in their ministry of evangelization with curated knowledge, approaches, strategies, and resources to reach out to those who have never heard the gospel proclaimed, to re-engage those who have lost a living faith in their daily lives, and to engage those who are faithful and need to be renewed with increased catechesis

Garaventa Center

The Garaventa Center from the University of Portland explores and deploys the fruits of faith, reason and imagination that constitute the Catholic intellectual tradition to illuminate and enliven something that is implicit but often unregarded: the working of grace in human communities. Weekly podcasts are available by visiting the website or subscribing to their weekly newsletter.

Catechist Journey

Sharing the Journey of Teaching the Catholic Faith. Joe Paprocki's blog that features practical tips and resources on sharing the gift of the Catholic faith.

eCatechist

eCatechist.com is a blog from Dan Pierson, that provides ideas, inspiration, and learning resources for catechists, parish catechetical leaders, and parents.

NACFLAM-National Association of Catholic Family Life Ministries

In response to God's word revealed through all generations and impelled by our belief in the intrinsic sacredness of family life we, the members of the National Association of Catholic Family Life Ministers, join together to be a prophetic voice for family in Church and society, to foster professional development, and to provide mutual support for those who minister with families.

TeamRCIA

TeamRCIA.com is a free online resource for Catholic parishes and dioceses that want to form Christians for life. Offers a variety of online and in-person training for church ministers and volunteers, through webinars, e-mail courses, downloads, discussion forums, and training events led by experts in the field of initiation ministry.

Teaching Catholic Kids

Teaching Catholic Kids is a valuable tool for parents, teachers and catechists. Free downloadable activities and teacher resources are updated each month and made available from the best of Our Sunday Visitor books, workbooks and writers.

Vibrant Faith at Home

Vibrant Faith @ Home supports Christian leaders and families who are intentional about their faith and religious practice as they raise the next generation of committed Christians.

Word On Fire

Word on Fire Catholic Ministries is a nonprofit global media apostolate that supports the work of Father Robert Barron and reaches millions of people to draw them into- or back to- the Catholic faith. Word on Fire is evangelical; it proclaims Jesus Christ as the source of conversion and new life. Word on Fire is Catholic; it utilizes the tremendous resources of the Roman Catholic tradition-art, architecture, poetry, philosophy, theology, and the lives of the saints- in order to explain and interpret the event of Jesus Christ.

Stay Connected



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