

# Archdiocese of Seattle Religious Education Newsletter February 15, 2016

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## Dear Catechetical Colleagues,

Our Lenten practices of prayer, fasting and almsgiving both deepen our longing for God and also help us develop virtues, which are our featured "Essential Concept" this week.

Faith, hope and charity are the three **Theological Virtues** that are gifts from God. Prudence, justice, temperance and fortitude are the **Cardinal Virtues**. They are rooted in the Theological Virtues and acquired through human intellect and will. We hope you find the attached resources helpful with encouraging all of us in forming habitual and firm dispositions to do the good that is purified and elevated by divine grace (CCC 1803-1812).

Be sure to check the NCCL section below for a free download available from Our Sunday Visitor. Partnering with the Vatican's Pontifical Council for the Promotion of the New Evangelization, OSV is offering a pastoral aid, in the form of a downloadable PDF, to help your parish celebrate the **"24 Hours for the Lord"** on **March 4-5, 2016**.

In Christ,  
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## Upcoming Catechetical Events

### Religious Education Standards Deanery Workshops

March 9th, 2016: 1 St. Charles, Burlington (*Time: TBD*)

Contact the [Office of Catholic Faith Formation](#) for information, registration, and scheduling a future workshop.

### Liturgy Workshop Opportunities

Spread the word about these liturgical workshops, events and formation opportunities from the Liturgy Office. Please see the Liturgy Office [Workshop & Events](#) page for more information.

### Jubilee for People with Special Needs

Saturday, March 12, 2016 | 11:00 am | Archbishop Peter J. Sartain, Presider  
See [flyer](#) for more information.

### Junior High Rally

Saturday, March 12, 2016 | Forest Ridge School, Bellevue | Rally is open to all those in grades 6-9. Visit the Youth & Young Adult [Junior High Rally](#) page for registration and more information.

### Faith Formation Presentation and Luncheon

Tuesday, March 15, 2016 | Chancery, Isaac Orr Conference Room | 9:30 am -1:00 pm  
Speaker: Ann Garrido | [Redeeming Administration: Spirituality for Spiritual Leaders](#) | RSVP to [ocff@seattlearch.org](mailto:ocff@seattlearch.org) or 206-382-4096 by Tuesday, March 8th.

### Best Practices for Shared Parishes: Intercultural Competencies Workshop

March 16 & 17, 2016 | St. Thomas Church, Tukwila | 9am to 3pm | This workshop was developed based on the responses of a recent study among a group of pastors who achieved a high level of integration and inclusion in the parishes where they serve. See [flyer](#) for registration and more information.

### Best Practices for Catechetical Leadership

For the Newly Revised Parish Elementary Religion Standards  
April 28-29, 2016 | ABRC @ Palisades | Visit the Ocff [Events & Resources](#) page for more information.

### Annual PAFF Conference

Wednesday, June 1, 2016 | ABRC @ Palisades | Joe Paprocki: [A Church on The Move: Getting Mission and Mercy in Motion](#) | 9:00 am to 3:00 pm

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## **Formation Opportunities**

### Enjoying the Fruit of Your Ministry-Retreat for Lay Ecclesial Ministers

Friday, February 19th, 2016 | 9:00 am - 3:00 pm | St. Anne House of Prayer | 1305 First Avenue W., Seattle (near the top of Queen Anne Hill). Facilitated by Ron Ryan & Charlene Collora. Enjoy a quiet, supportive, confidential environment to rekindle your faith in God, in yourself, and in your work. Registration: \$50-includes refreshments and lunch. For more information, please contact the [St. Anne Parish Office](#) at 206-282-0223.

### Catechesis of the Good Shepherd Level 1 Formation Course

Presented by Joann Terranova, MAPS and Lynne Shioyama  
January to November 2016 For more information, see [flyer](#) or contact Claudia Petursson at Holy Family Parish 452-822-0295, ext. 122 or [claudiap@hfkparish.org](mailto:claudiap@hfkparish.org)

### Grades 7-12: Educational Contest Using Catholic Social Teaching

The Catholic Campaign for Human Development (CCHD) [Multimedia Youth Contest](#) is a tool to engage young people in grades 7-12 in learning about poverty in the U.S., its

root causes, and faith-inspired efforts to address poverty. This year's theme is "Care for God's Creation." By encouraging young people to stand in solidarity with those who live in poverty, we remember that we are our brothers' and sisters' keepers. Contest's local deadline: March 17, 2016. Entries to be sent to the Missions Office, where one can get resources and other assistance with the contest.



## Essential Religious Education Concepts

### Virtues-Cardinal & Theological [1803-1845, 2656-2662]

*The Essential Concepts come from the Table of Contents for the Catechism of the Catholic Church (CCC). They have been re-organized to fit under the Six Tasks of Catechesis. CCC articles numbers associated with each Essential Concept are listed throughout this document. Referencing CCC article numbers is a recommended resource for catechist preparation.*

**TASK 3 - Moral Formation-** *Students develop a moral conscience that is informed by Church teachings and conformed to Christ, as modeled in a personal life of virtue, and demonstrated in service of the Gospel's demands for society.*

## Implementation Ideas for the Classroom:

### Annotated Bibliography from the LMC\*

*\*Please note the Library's Essential Concepts list is a working document, being updated on an ongoing basis.*

### Online Resources-Links and Videos

Teaching Kids about Virtues The blog site *Catholic Toolbox* has a large list of resources to assist teaching about the Virtues to children. Activities, Crafts, Games, Lessons and more can be found on this informative blog site.

A Reflection on Developing Virtues in Teens One thing that separates religious education from other disciplines is that religion teachers and catechists go beyond teaching about the faith to teach students how to have faith. This is especially the case with the Christian moral life. With Christ as our model, teachers show students how to be moral persons. They do this by teaching virtue.

### C4: Ignite Your Catholic Faith - Does Being Good Matter?

Many adults adore children who exhibit "good behavior." Some kids even receive rewards, just for being good. Does being a good person still matter for grown-ups? With all of the stress of home and work, why bother? Bishop Don Hying has some "good" reasons in this video. Based upon the Catechism of the Catholic Church (1803).



## How Do I Build Virtue?

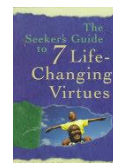
Just as we gradually build up our physical strength and endurance through exercise, so the exercise of spiritual virtues makes us strong enough to withstand temptation and avoid the development of sinful habits.



## Resources from the LMC on Virtues-Cardinal & Theological

***The Catholic Virtues: Seven Pillars of a Good Life*** (Mitch Finley) Delves into the theological virtues of faith, hope, and love, and the cardinal virtues of prudence, justice, fortitude, and temperance. He shows you how these traits are no mere abstractions; they reflect an understanding of human nature with its capacity for both good and evil.

***The Seeker's Guide to 7 Life-Changing Virtues*** (Bill Dodds) Help us to see how the seven classic virtues are the keys to a deeper and richer spirituality. Stories of people who modeled these virtues inspire us to develop the faith of Dorothy Day or the fortitude of Maximilian Kolbe. The meaning of each virtue is explained using Scripture, the examples of the saints, and the interpretation of scholars. Once we understand these virtues, we can use them to build more satisfying relationships with God and with one another.



***A Brief Reader on the Virtues of the Human Heart*** (Joseph Pieper) Josef Pieper's account of the centrality and meaning of the virtues is a needed primer to teach us exactly the meaning and relationship of the virtues and how they relate to the faith and its own special virtues. Pieper's attention is ever to the particular virtue, its precise meaning, and to its contribution to the wholeness that constituted an ordered, active, and truthful human life.

***Seven Deadly Sins Seven Lively Virtues*** (DVD, Bishop Barron) Join Bishop Robert Barron for this presentation concerning the Seven Deadly Sins, those great spiritual blocks that inhibit our flourishing in relationships to God and to one another. But that's not all! Barron presents the Seven Lively Virtues that offer healing to our sin-sick souls and set us on the right path to salvation. This Retreat on Disc presents a message of hope to all those who seek to know Christ and to accomplish his will.

***Seven Lonely Places, Seven Warm Places: The Vices and Virtues for Children*** (April Bolton) With imaginative illustrations that give concrete, immediate examples of the seven deadly sins, this book explains how Pride, Greed, Envy, Anger, Lust, Gluttony, and Sloth can make us very lonely people. Then it offers the cure, the four cardinal and three theological virtues - Prudence, Justice, Courage, Temperance, Faith, Hope, and Charity - that can mend relationships and mend what sin has broken.

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## Library Media Center Resources

## The Season of Lent

**Pope Francis-Lenten Message 2016** The theme of pope Francis' [Lenten message](#) is "The Works of Mercy on the Road of the Jubilee." Visit the [Corporal Works of Mercy](#) USCCB page for a variety of resources.

**Lenten Morning Prayer-** A [worship aid](#) prepared by the Liturgy Office which could be used for a classroom or all school celebration of Morning Prayer on any weekday of Lent. "Side A" and "Side B" may be designated as either "Boys" and "Girls"/"Men" and "Women" as you deem appropriate. Feedback or questions contact the [Liturgy Office](#)

**Bishop Barron's Daily Lent Reflections** [Sign up](#) to receive a daily Lent reflection via e-mail. When you sign up, you can choose to receive the reflections in English or Spanish. Bishop Barron will then send you a new reflection each day during Lent.

**Mercy and Movies: Lenten Viewing for the Year of Mercy** In this Year of Mercy, here are [spiritual viewing recommendations](#) that emphasize responding to the needs of those around us.

**Lenten Moments of Mercy** - Lent presents a wonderful time to reflect on themes of mercy, and Lenten Moments of Mercy aims to help. This daily e-mail series delivers fresh reflections based on the Scriptures of Lent, sharing the inspiring words of Pope Francis and suggesting Lenten actions and prayers. In this Jubilee Year of Mercy, take time each day for [Lenten Moments of Mercy](#) and prepare your heart for a new appreciation of the journey to Easter. Sign up to receive the daily messages via e-mail from Ash Wednesday through Easter Sunday. Begins February 10th-*Loyola Press*.

**Best Lent Ever** Dynamic Catholic's free Best Lent Ever email program will take you on a 40-day spiritual journey to encounter Jesus-and yourself-in a deeply personal way, and begin (or nourish) a habit of daily prayer. [Sign up](#) to receive daily inspirational emails during Lent

**CRS Rice Bowl**-The season of Lent is a time to pray, fast and give alms as we reflect on how Christ calls us to return to him. [CRS Rice Bowl](#), a Lenten faith formation program from Catholic Relief Services, offers resources that can help people of all ages, families and communities participate in these Lenten practices and deepen their faith. [Spanish version](#)

**Check It Out Newsletter**-Lenten Resources available from the Library Media Center



**What Are the Practices of Lent?**





Arts & Faith: First Sunday of Lent



## Ash Wednesday & Lent In Two Minutes

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### Jubilee Year of Mercy

Pope Francis has called the special **Jubilee Year for Mercy** to begin Dec. 8, the feast of the Immaculate Conception and the 50th anniversary of the closing of the Second Vatican Council. It will close on Nov. 20, 2016, the day celebrated that year as the feast of Christ the King.

### **Brief History of Holy Years and Jubilees in the Church**

by Fr. Thomas Rosica-Salt & Light blog.

### Jubilee of Mercy with the Sisters of Our Lady of Mercy

The **Sisters of Our Lady of Mercy** will be visiting seven parishes across our Archdiocese from February 13th-20th. They will be coming with first-class relics of St. Faustina and St. John Paul II for veneration, talks on mercy, and time for prayer.

### Day of Mercy-Confessions at St. James Cathedral

Saturday, March 5, 2016 | St. James Cathedral | 9:00 am - 5:00 pm | One of the high points of the Year of Mercy is the Day of Mercy, when Archbishop Sartain, Bishop Elizondo, and priests from across the Archdiocese hear confessions throughout the day at St. James Cathedral. All are encouraged to participate in this celebration of the Sacrament of Mercy in the Year of Mercy.

### A Year of Mercy-Young Adult Retreat

April 8-10, 2016 | ABRC @ Palisades | Join Fr. Sean Raftis as he reflects on Pope Francis' call for a "Year of Mercy." Click [here](#) to register and for more information.

### Archdiocesan Webpage for The Year of Mercy

It is up and **now available!** Please take a look at all of the resources and current information found dedicated to the Year of Mercy. Be sure to check back often for added events and resources.

### Library Media Center Year of Mercy Resources

Here is a printable annotated **bibliography** of resources available from the Library Media Center. Materials may be added to the list, so check back for new titles.

### Divine Mercy & The Divine Comedy

During this Year of Mercy (December 8, 2015-November 20, 2016) Pope Francis has asked us to use Dante's Divine Comedy as a "spiritual guide." Knowing how intimidating this project sounds, the **Department of Evangelization and Catechesis of the Diocese of Rochester** has put together **a reading plan** along with a group of theologians, literary scholars, and other lovers of Dante's work to help us all mine the riches from one whom Pope Benedict XV called "the most eloquent singer of the Christian idea."



## **A Biblical Year of Mercy**

A 13-part series is being published from December 2015 to December 2016 in [Arkansas Catholic](#), the weekly newspaper for the Diocese of Little Rock. These articles are being written by the staff of Little Rock Scripture Study for the Holy Year of Mercy. Each one includes questions for group study.

## **CRS Year of Mercy Resources**

Catholic Relief Services (CRS) has developed a number of resources that illustrate how Catholics in the United States can participate in acts of mercy through CRS. Click [here](#) for details.

## **Archdiocese of Seattle Year of Mercy Prayer Card**

Here is a [printable prayer card](#) for use in your parish. The prayer card can be printed out using Avery 8387 labels.

## **Year of Mercy App**

Our Sunday Visitor's FREE [365 Days to Mercy app](#), is designed to accompany you on a spiritual journey during the Jubilee Year of Mercy proclaimed by Pope Francis.

## **St. James Cathedral Tours**

St. James Cathedral is inviting both parishes and school groups to set up visits for the Year of Mercy, which can be just a time of prayer and pilgrimage, or can include a guided tour as well. Corinna Laughlin [claughlin@stjames-cathedral.org](mailto:claughlin@stjames-cathedral.org) or 206-264-2086

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## **Archdiocesan News**

### **NW Catholic Movie & Book Reviews**

Check NW Catholic for the latest reviews on [books](#) and [movies](#)

### **Junior High Rally: Know Mercy**

[Junior High Rally](#) is a day designed to celebrate Catholic youth and all they bring to the Church. Over 600+ youth from Washington, Oregon and Canada will come together for an interactive day where you will have the opportunity to meet new people, listen to talks that will deepen their faith, and be invited to participate in various interactive activities with the day closing with Mass.

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## **MyUSCCB**

This Week in Ministry provides timely content every week formatted for use in a variety of ways: parish bulletins, websites, E-newsletters, social media and more.

**Featured This Week (First Week of Lent) :** The Penitential Season of Lent This two-page resource describes the penitential nature of the Lenten season and the special days of penance within it. It also lists forms of penance that the faithful are called to practice during the season. [English](#) [Spanish](#)

Each month during the Jubilee of Mercy we will offer a [Meditation on Mercy](#)-a resource that can be used with small groups to foster a greater awareness of God's call to act with mercy in our lives.

To learn more about MyUSCCB and to sign up for this helpful resource, visit the [USCCB](#) website for more information.

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## Catechetical Weekly-NCCL

The National Conference of Catechetical Leaders publishes a weekly newsletter following the Six Tasks of Catechesis.

**Featured This Week (First Week of Lent): OSV - NCCL Year of Mercy Partnership ['24 Hours for the Lord': A Parish](#)**

**Guide** In a universal effort to make Christ's mercy more manifest during the season of Lent, the Vatican is asking parishes worldwide to make the Sacrament of Reconciliation and Eucharistic adoration available for a 24-hour period on March 4-5. Called "24 Hours for the Lord," the initiative, now in its third year, places the Sacrament of Reconciliation at the heart of what it means to be a people and a Church of mercy. *Select the link above to download this free resource.*

NCCL Partners With NACYML For Upcoming MOOC. **NACYML presents a New Massive Open Online Course (MOOC).** February 28-March 19, 2016 (Overview of Mercy with Bishop Caggiano Available February 21) For more information, visit the [nacyml.org](#) website.

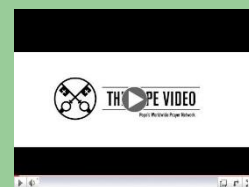
For archived newsletters and to learn more about this organization visit the [website](#).

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## Featured Websites

### Pope Francis' Monthly Prayer Intentions on Video

Apostleship of Prayer receives monthly prayer intentions from the Pope and urges Christians throughout the world to unite in prayer for those intentions. Beginning January 6th, each month Pope Francis will film his monthly prayer intention and it will be distributed on social media. Check back for a new video on the next month's prayer intention.



## Liturgy Training Publications

### Virtual Training Opportunities for Teachers and Catechists (2016)

Designed specifically for teachers and catechists, this series invites all those who work with children to engage in formation and training throughout the year.

## Elements of the Catholic Mass Weekly Video Series

Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring experts from the **Liturgical Institute**, the program consists of beautifully produced weekly short videos of 2-5 minutes. These free videos will be available online and on demand. Because they will be released with a discussion guide with references, they are ideal for personal faith formation or group discussion. To see a listing of all available episodes, visit the "Episodes" page of the Liturgical Institute's [website](#).



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## Catholic Publishers

[Loyola Press](#)

[St. Mary's Press](#)

[Our Sunday Visitor](#)

[Ave Maria Press](#)

[Sadlier](#)

[Ascension Press](#)

[RCL Benziger](#)

[Lighthouse Catholic Media](#)

[Ignatius Press](#)

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## Helpful Links

### [21st Century Catholic Evangelization](#)

Serving Catholic leaders in their ministry of evangelization with curated knowledge, approaches, strategies, and resources to reach out to those who have never heard the gospel proclaimed, to re-engage those who have lost a living faith in their daily lives, and to engage those who are faithful and need to be renewed with increased catechesis

### [Garaventa Center](#)

The Garaventa Center from the University of Portland explores and deploys the fruits of faith, reason and imagination that constitute the Catholic intellectual tradition to illuminate and enliven something that is implicit but often unregarded: the working of grace in human communities. Weekly podcasts are available by visiting the website or subscribing to their weekly newsletter.

### [Catechist Journey](#)

Sharing the Journey of Teaching the Catholic Faith. Joe Paprocki's blog that features practical tips and resources on sharing the gift of the Catholic faith.

### eCatechist

eCatechist.com is a blog from Dan Pierson, that provides ideas, inspiration, and learning resources for catechists, parish catechetical leaders, and parents.

### NACFLAM-National Association of Catholic Family Life Ministries

In response to God's word revealed through all generations and impelled by our belief in the intrinsic sacredness of family life we, the members of the National Association of Catholic Family Life Ministers, join together to be a prophetic voice for family in Church and society, to foster professional development, and to provide mutual support for those who minister with families.

### TeamRCIA

TeamRCIA.com is a free online resource for Catholic parishes and dioceses that want to form Christians for life. Offers a variety of online and in-person training for church ministers and volunteers, through webinars, e-mail courses, downloads, discussion forums, and training events led by experts in the field of initiation ministry.

### Teaching Catholic Kids

Teaching Catholic Kids is a valuable tool for parents, teachers and catechists. Free downloadable activities and teacher resources are updated each month and made available from the best of Our Sunday Visitor books, workbooks and writers.

### Vibrant Faith at Home

Vibrant Faith @ Home supports Christian leaders and families who are intentional about their faith and religious practice as they raise the next generation of committed Christians.

### Word On Fire

Word on Fire Catholic Ministries is a nonprofit global media apostolate that supports the work of Father Robert Barron and reaches millions of people to draw them into- or back to- the Catholic faith. Word on Fire is evangelical; it proclaims Jesus Christ as the source of conversion and new life. Word on Fire is Catholic; it utilizes the tremendous resources of the Roman Catholic tradition-art, architecture, poetry, philosophy, theology, and the lives of the saints- in order to explain and interpret the event of Jesus Christ.

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#### Stay Connected



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