

These presentations are facilitated using a series of nine DVD presentations by Thomas H. Groome. Each presentation includes viewing the DVD, stopping at intervals to discuss the substance and questions. The process takes one hour and a half.

**Engage
Share
Catholic Wisdom
Taking to Heart**

This can take place at regularly scheduled staff meetings once a month; it can be scheduled for a Deanery meeting with other principals (perhaps to consider how you might use it for a staff meeting). It can also be a process you might bring to a School Commission meeting. The opportunities are endless for your creative spirit. We welcome you at the Palisades if that would work for you.

Having experienced this DVD, Growing Spiritually for Life, you might decide on further planning to include other sections of the series on a monthly or semi-monthly basis.

Continuing education credit is possible if you decide to experience any four or five of this series or 10 hours or more. St. Monica's on Mercer Island has chosen this option for the school year 2009 – 2010.

The cost for the presentations is negotiable and no school will be excluded.

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Sister Joyce M. Cox, BVM is the Spiritual Formation Director for the Palisades and Far-A-Way Retreat Centers. Sr. Joyce is a reflection day and retreat director to religious and lay women & men as well as to parish and school staffs. She is a spiritual director, theologian, educator and a developmental psychologist. She provides fresh insights into prayer and spiritual growth.



**The Palisades
Archdiocesan Retreat
& Faith Formation Center**
4700 SW Dash Point Road
Federal Way WA 98023
from Seattle 206-748-7991
from Tacoma 253-927-9621
toll free 800-330-7622

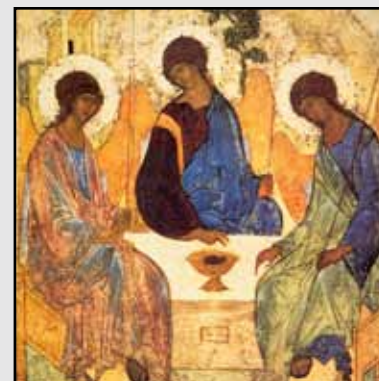
Website: www.SeattleArch.org/Palisades

What Makes Us Catholic

**What Is Our Heart's Desire?
- Growing Spirituality for Life**

These presentations are facilitated using a series of nine DVD presentations by Thomas H. Groome, any one of which can be viewed and shared as an opportunity to grow in new and deeper understanding of your own spiritual life in Catholic identity

**Engage
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Taking to Heart**



**For More Information, Contact:
Sister Joyce M. Cox, BVM**

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toll free 800-330-7622

As we enter into the dawn of a New Year, once again I come to offer you another opportunity for you and your staff to experience Thomas Groome's presentation on What Makes Us Catholic. This includes a series of nine DVDs, any one of which can be viewed and shared as an opportunity to grow in new and deeper understanding of your own spiritual life in Catholic identity.

What Makes Us Catholic

Thomas H. Groome

What Is Our Heart's Desire? - Growing Spirituality for Life

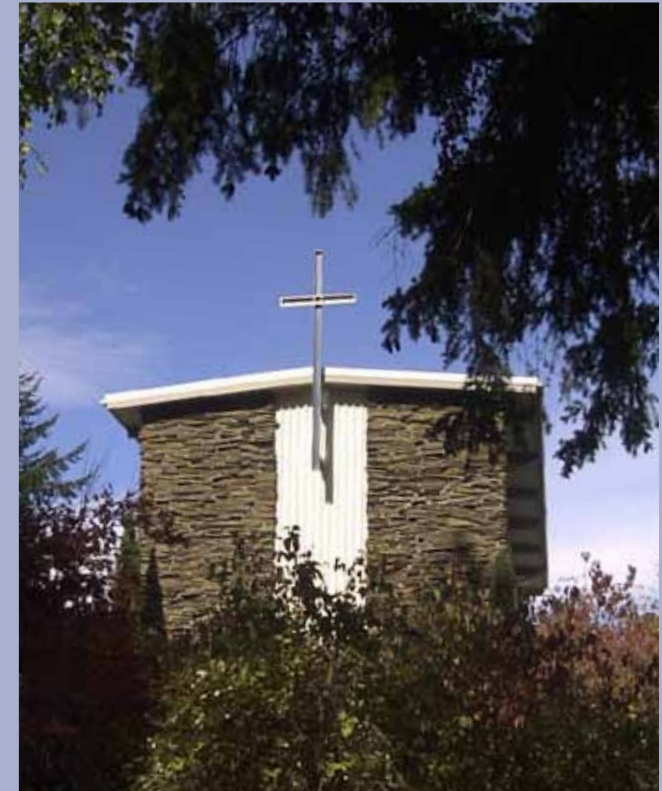
Thomas Groome describes his presentation in this way: This series invites people to drink deeply from the "living waters" that Jesus promised to the Samaritan woman at the well (John 4:14), to draw out from Catholic Christian faith what is most life-giving for ourselves and for the world. Each program reflects the conviction that Catholic faith is most "effective" (i.e. sacramental) when it forms people's identity and shapes how we respond to the "great questions"—the real issues—of life.

As you view or listen to these programs we hope you will have opportunity for reflection and conversation, not only within yourself but with "neighbors" in the Body of Christ as well. The pedagogy throughout each program can be described simply as "bringing life to Faith, and bringing Faith to life."

So, each unit begins with an introduction that establishes a "great question" for your own life, and then invites participants' initial responses and reflections from your life. We suggest that you pause the program here—after the questions—for some conversation.

There follows a review of how Catholic faith responds to the life theme. Be alert here for the spiritual wisdom that can guide your own response to the "great question," enabling you to live your faith in daily life. Now—after some more questions—we suggest another pause for reflection and conversation. The intent here is that you come to see for yourself how to make your own this aspect of Catholic faith, taking it to heart for the everyday—for life.

The program concludes with some suggestions of spiritual practices to sustain this aspect of Catholic identity. You can end with some closing conversation—focused on practical decisions—and then a moment of prayer or sacred ritual.



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from Tacoma 253-927-9621

toll free 800-330-7622

Email - joycec@seattlearch.org

We are interested in this series!

Contact us for follow-up...

Name

School

City

E-mail address

Phone (including area code)