

Pacific Northwest Chapter



Washington Association for the  
Education of Young Children

[formerly Snohomish County AEYC]

## 2018 REJUVENATE CONFERENCE

Saturday, January 27, 2018

8:15 AM to 4:00 PM

Downtown Everett Courtyard Marriott  
3003 Colby Avenue, Everett, WA 98201

**Morning Session – 9:00 a.m. – 12:00 p.m.**

### **Stop, Think, Act: The Importance of Self-Regulation in Early Learning**

presented by Dr. Megan McClelland & Dr. Shauna Tominey of Oregon State University  
co-authors of [Stop, Think, Act: Integrating Self-Regulation in the Early Childhood Classroom](#)



**Dr. Megan McClelland** serves as Director of the Early Childhood Research Core at the Hallie Ford Center for Healthy Children and Families at OSU. Her research focuses on optimizing children's development, especially as it relates to children's self-regulation and school readiness including links between self-regulation and academic achievement from early childhood to adulthood, recent advances in measuring self-regulation, and intervention efforts to improve these skills in young children. She is currently involved with a number of national and international projects to develop measures of self-regulation, and interventions to improve school readiness in young children.



**Dr. Shauna Tominey** is an Assistant Professor of Practice and Parenting Education Specialist at OSU. Dr. Tominey served as the Director of Early Childhood Programming and Teacher Education at the Yale Center for Emotional Intelligence. As a former early childhood educator and family service professional, Dr. Tominey blends practical experience with research to develop and test programs aimed at promoting self-regulation and social and emotional skills for children and the adults in their lives. Dr. Tominey holds undergraduate degrees in Music and Psychology from the University of Washington, an M.S. in Family Studies and Human Services from Kansas State University, and a Ph.D. in Human Development and Family Sciences from Oregon State University.

**Afternoon Session – 12:45 – 3:45pm**

### **Building Resilience So Young People Can Thrive**

presented by Jody McVittie, MD, co-founder/Executive Director, Sound Discipline



**Dr. Jodie McVittie** of [Sound Discipline](#) is a lead trainer for the Positive Discipline Association and co-author of the Positive Discipline in the Classroom and School series. She has consulted for dozens of schools and organizations including trainings in Spanish, for First Nations Communities and for a school for the deaf. Her dream is to build healthy communities by supporting educators, students and parents to build and/or rebuild relationships founded on deep mutual respect.

## Conference Schedule

- 8:15--8:45 Registration & Continental Breakfast
- 8:45--9:00 Welcome
- 9:00--12:00 AM Session with Dr. McClelland and Dr. Tominey
- 12:00--12:45 Lunch Buffet  
(Make your own sandwich, spinach salad and potato salad)
- 12:45--3:45 PM Session with Dr. Jody McVittie
- 3:45--4:00 Closing, Evaluations, Reflection



**Conference Parking:** Conference attendees can park in the hotel garage entering from Wall Street. Bring your parking ticket to the Hotel front desk to get an exit ticket. Cost is included in your registration fee.

## REGISTRATION INFORMATION

WAEYC MEMBER	\$90.00
NON-WAEYC MEMBER	\$110.00

To register with credit card click on appropriate link below

[Member Conference Fee](#)

[Non-Member Conference Fee](#)

Or complete the attached registration form and mail with a check or money order to  
Pacific Northwest Chapter WAEYC, PO Box 2264, Lynnwood, WA 98036

Or find us on Facebook at [https://m.facebook.com/pg/SnoCountyAEYC/events/?ref=page\\_internal&mt\\_nav=1](https://m.facebook.com/pg/SnoCountyAEYC/events/?ref=page_internal&mt_nav=1)

**REGISTRATION DEADLINE IS JANUARY 8, 2018**

## Scholarships Are Available Thanks to the Opportunity Council

Partial and/or full scholarships are available. For an application packet email [scaeyc@gmail.com](mailto:scaeyc@gmail.com)  
Scholarship applications are due no later than January 8, 2018.

## Reimbursement Through Department of Early Learning (DEL)

The Department of Early Learning offers reimbursement for state-approved training costs for professionals currently employed in DEL licensed or certified facilities on a first-come, first-serve basis. You can apply one time each fiscal year (July 1 – June 30). Training must have been completed no more than 12 months prior to submitting your application. You may apply for up to \$250 and reimbursements are available on a first-come, first-serve basis since funds are limited for each fiscal year. **How do I apply?** Log into your MERIT account. Click on the Applications tab. Select Training Reimbursement. Follow the steps to complete and submit the application. If you don't have a State Wide Vendor number, visit <https://del.wa.gov/Statewide-VendorForms> to find instructions on how to complete the application. If you have questions, please contact MERIT Support services by calling (866) 482-4325 or email [merit@del.wa.gov](mailto:merit@del.wa.gov)

Will you be staying at the Downtown Everett Courtyard Marriott for the conference? Receive our special group rate of \$130.00 USD - \$144.00 USD per night plus taxes. Use this link to make your reservation before January 10, 2018: [Book your group rate for SCAEYC REJUVENATE 2018](#)

# REGISTRATION FORM

## 2018 REJUVENATE CONFERENCE

Saturday, January 27, 2018

8:15 AM to 4:00 PM

Downtown Everett Courtyard Marriott

3003 Colby Avenue, Everett, WA 98201

**WAEYC MEMBER \$90.00** [includes parking fee]

**NON-WAEYC MEMBER \$110.00** [includes parking fee]

**To register with credit card click on appropriate link below**

[Member Conference Fee](#)

[Non-Member Conference Fee](#)

**Or complete the registration form below and mail with check or money order to  
Pacific Northwest Chapter WAEYC, PO Box 2264, Lynnwood, WA 98036**

**Or find us on Facebook at** [https://m.facebook.com/pg/SnoCountyAEYC/events/?ref=page\\_internal&mt\\_nav=1](https://m.facebook.com/pg/SnoCountyAEYC/events/?ref=page_internal&mt_nav=1)

**REGISTRATION DEADLINE IS JANUARY 8, 2018**

**Driving Directions:** Downtown Everett Courtyard Marriott is on the corner of Colby & Wall – **from the south** take I-5 North to exit 192 toward Broadway; merge onto Broadway; left onto Pacific Avenue; right onto Colby; right onto Wall for parking garage – **from the north** take I-5 South to Everett Avenue exit 194; turn right onto Everett Ave; left onto Broadway; take 3<sup>rd</sup> right onto Wall Street for parking garage. **Bring your parking ticket to the Hotel front desk to get an exit ticket.**

-----  
**Please register me for the Pacific Northwest Chapter WAEYC 2018 Rejuvenate Conference**

Name: \_\_\_\_\_ STARS/MERIT ID # \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Organization: \_\_\_\_\_ Title/Position: \_\_\_\_\_

☐ Family Child Care Provider ☐ For Profit Child Care Center ☐ NOT for Profit Child Care Center ☐ ECEAP

☐ Early Head Start/Head Start ☐ Before/After School Child Care Program ☐ Other [please list] \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ Check/Money Order Number: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Questions??? Contact [scaeyc.email@gmail.com](mailto:scaeyc.email@gmail.com)