



St. Catherine of Siena Mental Health Ministry Team Educational Forum

**Thursday, November 30th, 2017, 7-9 PM
St. Catherine of Siena Parish
Music Room, Victoria Hall (northeast of the rectory)
814 NE 85th Street, Seattle, WA**

Crisis Line Resources for the Community

Are you, or someone you know, experiencing:

- Anxiety or loneliness? Thoughts of suicide?
- Family or relationship difficulties?
- Symptoms of mental illness?
- Loss of a job? Health concerns? Abuse?

Please join us for a presentation on the Crisis Clinic by Jane Day, Crisis Services Manager.

The 24-Hour Crisis Line provides immediate help to individuals in emotional crisis, and to people concerned about family or friends. We can help you determine if you or your loved one need professional consultation, and can link you to the appropriate services.

RSVP: Trez Buckland, bucklandmike@hotmail.com or 206-930-2739

